

































Virginia Beach (outer coast), VA - Mar 2024

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	4:57	3.6	5:20	3.1	11:22	-0.1	11:25	-0.2	6:34	5:58	
2	Thu	5:50	3.6	6:11	3.2			12:13	-0.2	6:32	5:59	
3	Fri	6:36	3.6	6:54	3.4	12:18	-0.3	12:55	-0.3	6:31	6:00	
4	Sat	7:15	3.6	7:32	3.5	1:01	-0.4	1:29	-0.3	6:29	6:01	
5	Sun	7:50	3.6	8:08	3.5	1:39	-0.3	2:01	-0.3	6:28	6:02	
6	Mon	8:23	3.5	8:43	3.5	2:13	-0.3	2:31	-0.2	6:27	6:02	
7	Tue	8:58	3.4	9:19	3.5	2:48	-0.2	3:04	-0.1	6:25	6:03	
8	Wed	9:33	3.2	9:56	3.4	3:26	0.0	3:39	0.0	6:24	6:04	
9	Thu	10:10	3.0	10:34	3.3	4:06	0.1	4:17	0.1	6:22	6:05	
10	Fri	10:48	2.9	11:14	3.2	4:49	0.3	4:58	0.3	6:21	6:06	
11	Sat	11:28	2.7	11:57	3.1	5:34	0.4	5:41	0.4	6:19	6:07	
12	Sun			1:13	2.6	7:22	0.5	7:30	0.5	7:18	7:08	
13	Mon	1:47	3.0	2:07	2.5	8:18	0.6	8:26	0.5	7:17	7:09	
14	Tue	2:49	3.1	3:13	2.6	9:18	0.5	9:26	0.4	7:15	7:10	
15	Wed	3:54	3.2	4:17	2.7	10:15	0.4	10:25	0.2	7:14	7:11	
16	Thu	4:53	3.4	5:14	3.0	11:10	0.2	11:23	0.0	7:12	7:12	
17	Fri	5:47	3.6	6:09	3.3			12:03	-0.1	7:11	7:13	
18	Sat	6:40	3.8	7:01	3.7	12:20	-0.3	12:54	-0.3	7:09	7:13	
19	Sun	7:30	4.0	7:51	4.0	1:15	-0.6	1:42	-0.6	7:08	7:14	
20	Mon	8:17	4.1	8:38	4.3	2:06	-0.8	2:27	-0.8	7:06	7:15	
21	Tue	9:04	4.1	9:27	4.4	2:55	-0.9	3:12	-0.8	7:05	7:16	
22	Wed	9:53	4.0	10:18	4.4	3:45	-0.8	4:00	-0.8	7:03	7:17	
23	Thu	10:45	3.8	11:11	4.3	4:40	-0.7	4:52	-0.6	7:02	7:18	
24	Fri	11:38	3.6			5:38	-0.5	5:47	-0.4	7:00	7:19	
25	Sat	12:06	4.1	12:33	3.4	6:38	-0.3	6:46	-0.2	6:59	7:20	
26	Sun	1:03	3.9	1:34	3.1	7:42	0.0	7:50	0.0	6:57	7:21	
27	Mon	2:11	3.6	2:50	3.0	8:52	0.1	9:01	0.1	6:56	7:21	
28	Tue	3:31	3.5	4:07	3.0	10:00	0.2	10:12	0.2	6:54	7:22	
29	Wed	4:41	3.4	5:09	3.2	11:01	0.2	11:15	0.2	6:53	7:23	
30	Thu	5:39	3.4	6:03	3.3	11:56	0.2			6:52	7:24	
31	Fri	6:30	3.4	6:51	3.5	12:14	0.1	12:44	0.1	6:50	7:25	