US HARBORS www.USHarbors.com

Virginia Beach (outer coast), VA - Jan 2040

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	**8:34**	3.6	**8:58**	2.7	**2:06**	0.0	**3:00**	0.0	7:16	4:58	
2	Mon	**9:11**	3.6	**9:38**	2.7	**2:44**	0.1	**3:38**	0.0	7:16	4:58	
3	Tue	**9:49**	3.4	**10:20**	2.7	**3:26**	0.2	**4:18**	0.1	7:16	4:59	
4	Wed	**10:29**	3.3	**11:03**	2.8	**4:12**	0.3	**4:59**	0.0	7:16	5:00	
5	Thu	**11:10**	3.2	**11:48**	2.9	**5:03**	0.3	**5:41**	0.0	7:16	5:01	
6	Fri	**11:54**	3.0			**5:57**	0.4	**6:27**	-0.1	7:17	5:02	
7	Sat	**12:39**	3.0	**12:46**	2.9	**6:57**	0.3	**7:17**	-0.1	7:16	5:03	
8	Sun	**1:40**	3.2	**1:49**	2.7	**8:02**	0.3	**8:12**	-0.2	7:16	5:04	
9	Mon	**2:43**	3.5	**2:55**	2.7	**9:07**	0.1	**9:09**	-0.3	7:16	5:04	
10	Tue	**3:44**	3.8	**3:59**	2.7	**10:11**	-0.1	**10:06**	-0.5	7:16	5:05	
11	Wed	**4:43**	4.1	**5:02**	2.9	**11:14**	-0.3	**11:06**	-0.7	7:16	5:06	
12	Thu	**5:42**	4.3	**6:03**	3.0			**12:15**	-0.6	7:16	5:07	
13	Fri	**6:39**	4.5	**7:01**	3.2	**12:06**	-0.8	**1:09**	-0.7	7:16	5:08	
14	Sat	**7:32**	4.5	**7:55**	3.3	**1:02**	-0.9	**1:59**	-0.8	7:15	5:09	
15	Sun	**8:24**	4.4	**8:48**	3.3	**1:56**	-0.9	**2:49**	-0.8	7:15	5:10	
16	Mon	**9:16**	4.2	**9:43**	3.3	**2:49**	-0.8	**3:41**	-0.7	7:15	5:11	
17	Tue	**10:07**	3.9	**10:38**	3.3	**3:47**	-0.6	**4:32**	-0.6	7:14	5:12	
18	Wed	**10:56**	3.6	**11:31**	3.3	**4:47**	-0.3	**5:22**	-0.5	7:14	5:13	
19	Thu	**11:44**	3.2			**5:47**	-0.1	**6:11**	-0.3	7:14	5:14	
20	Fri	**12:25**	3.2	**12:34**	2.8	**6:49**	0.2	**7:00**	-0.1	7:13	5:15	
21	Sat	**1:26**	3.1	**1:34**	2.5	**7:57**	0.3	**7:51**	0.0	7:13	5:16	
22	Sun	**2:32**	3.1	**2:41**	2.3	**9:02**	0.4	**8:41**	0.1	7:12	5:18	
23	Mon	**3:29**	3.1	**3:40**	2.3	**9:59**	0.4	**9:30**	0.2	7:12	5:19	
24	Tue	**4:18**	3.1	**4:32**	2.3	**10:54**	0.4	**10:18**	0.2	7:11	5:20	
25	Wed	**5:05**	3.2	**5:21**	2.3	**11:45**	0.3	**11:07**	0.1	7:11	5:21	
26	Thu	**5:49**	3.3	**6:07**	2.5			**12:26**	0.1	7:10	5:22	
27	Fri	**6:29**	3.4	**6:46**	2.6			**1:01**	0.0	7:09	5:23	
28	Sat	**7:05**	3.5	**7:23**	2.7	**12:34**	-0.1	**1:31**	-0.1	7:09	5:24	
29	Sun	**7:39**	3.6	**7:58**	2.7	**1:12**	-0.2	**2:02**	-0.2	7:08	5:25	
30	Mon	**8:13**	3.6	**8:34**	2.8	**1:48**	-0.2	**2:33**	-0.2	7:07	5:26	
31	Tue	**8:48**	3.5	**9:12**	2.9	**2:26**	-0.2	**3:07**	-0.2	7:06	5:27	