

































## Virginia Beach (outer coast), VA - Jun 2040

| Date |     | High  |     |       |     | Low   |      |          |      |  |      |    |
|------|-----|-------|-----|-------|-----|-------|------|----------|------|---|------|---|
|      |     | AM    | ft  | PM    | ft  | AM    | ft   | PM       | ft   | Rise  | Set  | Moon  |
| 1    | Fri | 1:06  | 3.8 | 1:50  | 3.3 | 7:43  | -0.1 | 8:05     | 0.3  | 5:45  | 8:17 |    |
| 2    | Sat | 2:11  | 3.5 | 3:04  | 3.4 | 8:43  | 0.0  | 9:19     | 0.3  | 5:45  | 8:18 |    |
| 3    | Sun | 3:22  | 3.3 | 4:10  | 3.6 | 9:39  | 0.0  | 10:27    | 0.3  | 5:45  | 8:19 |    |
| 4    | Mon | 4:25  | 3.1 | 5:04  | 3.8 | 10:29 | 0.1  | 11:28    | 0.3  | 5:45  | 8:19 |    |
| 5    | Tue | 5:20  | 3.0 | 5:53  | 3.9 | 11:17 | 0.1  |          |      | 5:44  | 8:20 |    |
| 6    | Wed | 6:12  | 3.0 | 6:39  | 4.0 | 12:26 | 0.2  | 12:03    | 0.1  | 5:44  | 8:20 |    |
| 7    | Thu | 7:00  | 2.9 | 7:20  | 4.0 | 1:17  | 0.1  | 12:48    | 0.1  | 5:44  | 8:21 |    |
| 8    | Fri | 7:43  | 2.9 | 7:58  | 4.0 | 1:58  | 0.1  | 1:29     | 0.2  | 5:44  | 8:21 |    |
| 9    | Sat | 8:23  | 2.9 | 8:33  | 4.0 | 2:34  | 0.1  | 2:07     | 0.2  | 5:44  | 8:22 |    |
| 10   | Sun | 9:00  | 2.9 | 9:08  | 3.9 | 3:07  | 0.1  | 2:42     | 0.3  | 5:44  | 8:22 |    |
| 11   | Mon | 9:38  | 2.9 | 9:45  | 3.8 | 3:40  | 0.1  | 3:19     | 0.4  | 5:44  | 8:23 |    |
| 12   | Tue | 10:19 | 2.9 | 10:24 | 3.7 | 4:16  | 0.2  | 3:58     | 0.5  | 5:44  | 8:23 |   |
| 13   | Wed | 11:00 | 2.8 | 11:04 | 3.5 | 4:56  | 0.3  | 4:42     | 0.6  | 5:44  | 8:24 |  |
| 14   | Thu | 11:42 | 2.8 | 11:44 | 3.4 | 5:37  | 0.3  | 5:29     | 0.7  | 5:44  | 8:24 |  |
| 15   | Fri |       |     | 12:23 | 2.8 | 6:18  | 0.4  | 6:18     | 0.7  | 5:44  | 8:24 |  |
| 16   | Sat | 12:24 | 3.3 | 1:06  | 2.9 | 7:00  | 0.4  | 7:10     | 0.8  | 5:44  | 8:25 |  |
| 17   | Sun | 1:08  | 3.1 | 1:55  | 3.0 | 7:43  | 0.3  | 8:06     | 0.7  | 5:44  | 8:25 |  |
| 18   | Mon | 1:58  | 3.0 | 2:51  | 3.2 | 8:29  | 0.3  | 9:07     | 0.6  | 5:44  | 8:25 |  |
| 19   | Tue | 2:56  | 2.9 | 3:47  | 3.5 | 9:18  | 0.2  | 10:06    | 0.5  | 5:44  | 8:26 |  |
| 20   | Wed | 3:57  | 2.9 | 4:40  | 3.9 | 10:08 | 0.1  | 11:04    | 0.2  | 5:45  | 8:26 |  |
| 21   | Thu | 4:54  | 2.9 | 5:32  | 4.2 | 10:59 | -0.1 |          |      | 5:45  | 8:26 |  |
| 22   | Fri | 5:52  | 3.0 | 6:26  | 4.4 | 12:03 | 0.0  | 11:54 AM | -0.2 | 5:45  | 8:26 |  |
| 23   | Sat | 6:51  | 3.1 | 7:21  | 4.7 | 1:01  | -0.2 | 12:51    | -0.3 | 5:45  | 8:26 |  |
| 24   | Sun | 7:48  | 3.3 | 8:15  | 4.8 | 1:56  | -0.4 | 1:46     | -0.4 | 5:46  | 8:27 |  |
| 25   | Mon | 8:42  | 3.4 | 9:08  | 4.8 | 2:47  | -0.6 | 2:40     | -0.5 | 5:46  | 8:27 |  |
| 26   | Tue | 9:38  | 3.5 | 10:03 | 4.6 | 3:38  | -0.6 | 3:35     | -0.4 | 5:46  | 8:27 |  |
| 27   | Wed | 10:35 | 3.5 | 10:58 | 4.4 | 4:33  | -0.5 | 4:34     | -0.3 | 5:47  | 8:27 |  |
| 28   | Thu | 11:34 | 3.6 | 11:53 | 4.1 | 5:29  | -0.4 | 5:38     | -0.1 | 5:47  | 8:27 |  |
| 29   | Fri |       |     | 12:31 | 3.6 | 6:24  | -0.3 | 6:43     | 0.1  | 5:47  | 8:27 |  |
| 30   | Sat | 12:47 | 3.8 | 1:31  | 3.6 | 7:17  | -0.2 | 7:51     | 0.3  | 5:48  | 8:27 |  |