

































Virginia Beach (outer coast), VA - Mar 2023

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	10:55	2.7	11:23	3.1	5:03	0.3	5:03	0.3	6:34	5:58	
2	Mon	11:34	2.5			5:48	0.5	5:45	0.4	6:32	5:58	
3	Tue	12:06	3.0	12:19	2.3	6:38	0.6	6:32	0.5	6:31	5:59	
4	Wed	12:59	2.9	1:16	2.2	7:37	0.7	7:30	0.6	6:30	6:00	
5	Thu	2:07	2.9	2:28	2.2	8:41	0.7	8:32	0.5	6:28	6:01	
6	Fri	3:15	3.1	3:34	2.3	9:40	0.6	9:32	0.3	6:27	6:02	
7	Sat	4:12	3.3	4:30	2.6	10:35	0.4	10:30	0.1	6:25	6:03	
8	Sun	6:05	3.5	6:23	2.9			12:26	0.1	7:24	7:04	
9	Mon	6:54	3.7	7:13	3.3	12:27	-0.2	1:12	-0.2	7:23	7:05	
10	Tue	7:39	3.9	7:59	3.6	1:20	-0.4	1:54	-0.4	7:21	7:06	
11	Wed	8:23	4.0	8:44	4.0	2:09	-0.6	2:34	-0.6	7:20	7:07	
12	Thu	9:07	3.9	9:29	4.2	2:57	-0.7	3:14	-0.7	7:18	7:08	
13	Fri	9:52	3.8	10:17	4.3	3:46	-0.7	3:58	-0.7	7:17	7:09	
14	Sat	10:41	3.5	11:08	4.2	4:39	-0.6	4:45	-0.6	7:15	7:10	
15	Sun	11:31	3.3			5:36	-0.4	5:37	-0.4	7:14	7:11	
16	Mon	12:01	4.1	12:24	3.0	6:36	-0.1	6:34	-0.2	7:12	7:11	
17	Tue	12:58	3.9	1:23	2.8	7:41	0.1	7:36	0.0	7:11	7:12	
18	Wed	2:06	3.6	2:39	2.6	8:55	0.3	8:48	0.2	7:10	7:13	
19	Thu	3:31	3.4	4:05	2.7	10:08	0.4	10:04	0.2	7:08	7:14	
20	Fri	4:46	3.4	5:13	2.8	11:12	0.3	11:13	0.2	7:07	7:15	
21	Sat	5:47	3.4	6:10	3.1			12:10	0.2	7:05	7:16	
22	Sun	6:39	3.5	6:59	3.3	12:16	0.1	12:59	0.1	7:04	7:17	
23	Mon	7:23	3.5	7:41	3.5	1:09	0.0	1:38	0.0	7:02	7:18	
24	Tue	8:00	3.5	8:18	3.6	1:53	-0.1	2:10	-0.1	7:01	7:19	
25	Wed	8:33	3.4	8:51	3.7	2:29	-0.1	2:38	-0.1	6:59	7:19	
26	Thu	9:05	3.3	9:23	3.7	3:02	-0.1	3:06	0.0	6:58	7:20	
27	Fri	9:37	3.2	9:55	3.7	3:35	0.0	3:35	0.1	6:56	7:21	
28	Sat	10:11	3.1	10:30	3.6	4:10	0.1	4:07	0.2	6:55	7:22	
29	Sun	10:48	2.9	11:07	3.5	4:48	0.2	4:42	0.4	6:53	7:23	
30	Mon	11:25	2.8	11:46	3.4	5:29	0.4	5:22	0.5	6:52	7:24	
31	Tue			12:05	2.6	6:13	0.5	6:07	0.6	6:50	7:25	