































Virginia Beach (outer coast), VA - Aug 2043

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	4:39	3.0	5:19	4.3	10:36	0.1			6:09	8:10	
2	Sun	5:46	3.1	6:21	4.4	12:00	0.3	11:41 AM	0.1	6:10	8:09	
3	Mon	6:50	3.3	7:19	4.5	1:02	0.1	12:45	0.0	6:11	8:08	
4	Tue	7:47	3.5	8:10	4.5	1:54	0.0	1:44	0.0	6:12	8:07	
5	Wed	8:38	3.6	8:56	4.4	2:40	-0.1	2:35	0.0	6:12	8:06	
6	Thu	9:25	3.8	9:40	4.2	3:21	-0.1	3:23	0.1	6:13	8:05	
7	Fri	10:12	3.8	10:22	4.0	4:02	0.0	4:11	0.2	6:14	8:04	
8	Sat	10:57	3.8	11:03	3.7	4:42	0.1	5:02	0.5	6:15	8:03	
9	Sun	11:40	3.8	11:43	3.4	5:21	0.2	5:52	0.7	6:16	8:02	
10	Mon			12:21	3.8	6:00	0.4	6:40	0.8	6:17	8:01	
11	Tue	12:22	3.2	1:02	3.7	6:38	0.6	7:30	1.0	6:17	8:00	
12	Wed	1:03	2.9	1:48	3.6	7:18	0.7	8:25	1.1	6:18	7:59	
13	Thu	1:52	2.7	2:43	3.5	8:04	0.9	9:24	1.1	6:19	7:58	
14	Fri	2:56	2.6	3:44	3.6	8:57	1.0	10:21	1.1	6:20	7:56	
15	Sat	4:04	2.6	4:40	3.6	9:52	1.0	11:13	1.0	6:21	7:55	
16	Sun	5:02	2.7	5:31	3.8	10:45	0.9			6:21	7:54	
17	Mon	5:54	2.8	6:19	4.0	12:05	0.9	11:39 AM	0.8	6:22	7:53	
18	Tue	6:44	3.1	7:04	4.1	12:52	0.7	12:32	0.6	6:23	7:51	
19	Wed	7:28	3.3	7:46	4.3	1:32	0.5	1:21	0.5	6:24	7:50	
20	Thu	8:09	3.6	8:25	4.3	2:08	0.3	2:07	0.3	6:25	7:49	
21	Fri	8:50	3.8	9:05	4.3	2:43	0.1	2:51	0.2	6:26	7:48	
22	Sat	9:32	4.1	9:46	4.2	3:20	0.0	3:37	0.2	6:26	7:46	
23	Sun	10:17	4.3	10:31	4.0	3:59	0.0	4:28	0.3	6:27	7:45	
24	Mon	11:04	4.4	11:18	3.8	4:42	0.0	5:23	0.4	6:28	7:43	
25	Tue	11:53	4.5			5:29	0.1	6:20	0.5	6:29	7:42	
26	Wed	12:07	3.6	12:44	4.4	6:20	0.2	7:21	0.6	6:30	7:41	
27	Thu	1:00	3.3	1:43	4.4	7:14	0.3	8:29	0.7	6:30	7:39	
28	Fri	2:04	3.2	2:54	4.3	8:16	0.5	9:41	0.8	6:31	7:38	
29	Sat	3:23	3.1	4:09	4.3	9:25	0.5	10:48	0.7	6:32	7:37	
30	Sun	4:39	3.2	5:15	4.3	10:33	0.5	11:51	0.6	6:33	7:35	
31	Mon	5:44	3.4	6:15	4.4	11:39	0.5			6:34	7:34	