

































## Virginia Beach (outer coast), VA - Jul 2024

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	12:57	3.5	1:45	3.7	7:25	-0.1	8:08	0.4	5:48	8:27	
2	Sat	1:51	3.1	2:47	3.7	8:15	0.1	9:16	0.5	5:49	8:26	
3	Sun	2:54	2.8	3:47	3.7	9:05	0.2	10:17	0.6	5:49	8:26	
4	Mon	3:58	2.6	4:39	3.7	9:54	0.3	11:14	0.6	5:50	8:26	
5	Tue	4:55	2.5	5:27	3.7	10:41	0.4			5:50	8:26	
6	Wed	5:47	2.5	6:12	3.7	12:08	0.6	11:28 AM	0.5	5:51	8:26	
7	Thu	6:37	2.6	6:56	3.8	12:57	0.5	12:18	0.5	5:52	8:25	
8	Fri	7:22	2.7	7:37	3.8	1:38	0.4	1:05	0.5	5:52	8:25	
9	Sat	8:02	2.8	8:15	3.8	2:13	0.3	1:46	0.4	5:53	8:25	
10	Sun	8:40	2.9	8:50	3.8	2:44	0.2	2:24	0.4	5:53	8:25	
11	Mon	9:16	2.9	9:25	3.8	3:15	0.2	3:00	0.4	5:54	8:24	
12	Tue	9:54	3.0	10:01	3.7	3:48	0.2	3:39	0.5	5:55	8:24	
13	Wed	10:32	3.1	10:38	3.6	4:23	0.2	4:21	0.5	5:55	8:23	
14	Thu	11:12	3.2	11:16	3.5	5:00	0.2	5:08	0.6	5:56	8:23	
15	Fri	11:51	3.4	11:56	3.3	5:38	0.2	5:58	0.6	5:57	8:22	
16	Sat			12:33	3.5	6:17	0.1	6:50	0.7	5:57	8:22	
17	Sun	12:39	3.2	1:19	3.7	7:00	0.1	7:47	0.6	5:58	8:21	
18	Mon	1:28	3.0	2:14	3.8	7:48	0.1	8:50	0.6	5:59	8:21	
19	Tue	2:28	2.9	3:17	4.0	8:43	0.1	9:55	0.5	6:00	8:20	
20	Wed	3:36	2.8	4:20	4.2	9:43	0.1	10:58	0.3	6:00	8:19	
21	Thu	4:43	2.9	5:22	4.4	10:44	0.0			6:01	8:19	
22	Fri	5:49	3.1	6:25	4.5	12:03	0.1	11:47 AM	-0.1	6:02	8:18	
23	Sat	6:54	3.3	7:24	4.7	1:05	-0.1	12:52	-0.2	6:03	8:17	
24	Sun	7:54	3.5	8:19	4.7	2:00	-0.3	1:52	-0.4	6:03	8:17	
25	Mon	8:48	3.7	9:10	4.6	2:49	-0.4	2:47	-0.4	6:04	8:16	
26	Tue	9:42	3.9	10:01	4.4	3:36	-0.4	3:42	-0.3	6:05	8:15	
27	Wed	10:36	4.0	10:51	4.1	4:24	-0.4	4:39	-0.1	6:06	8:14	
28	Thu	11:28	4.0	11:39	3.8	5:13	-0.3	5:39	0.1	6:07	8:13	
29	Fri			12:18	4.0	5:59	-0.1	6:37	0.4	6:07	8:12	
30	Sat	12:25	3.4	1:07	3.9	6:45	0.1	7:37	0.6	6:08	8:12	
31	Sun	1:12	3.1	2:01	3.8	7:30	0.3	8:40	0.8	6:09	8:11	