































## Virginia Beach (outer coast), VA - Aug 2024

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	2:06	2.8	3:02	3.7	8:20	0.5	9:42	0.9	6:10	8:10	
2	Tue	3:14	2.6	4:01	3.6	9:12	0.7	10:39	0.9	6:11	8:09	
3	Wed	4:20	2.6	4:54	3.6	10:06	0.8	11:33	0.9	6:11	8:08	
4	Thu	5:16	2.6	5:43	3.7	10:57	0.8			6:12	8:07	
5	Fri	6:08	2.7	6:30	3.8	12:25	0.8	11:49 AM	0.8	6:13	8:06	
6	Sat	6:55	2.9	7:12	3.9	1:09	0.7	12:39	0.7	6:14	8:05	
7	Sun	7:37	3.0	7:50	4.0	1:45	0.5	1:24	0.6	6:15	8:04	
8	Mon	8:14	3.2	8:25	4.0	2:15	0.4	2:03	0.5	6:16	8:02	
9	Tue	8:49	3.4	8:59	4.0	2:45	0.3	2:40	0.5	6:16	8:01	
10	Wed	9:24	3.5	9:33	3.9	3:15	0.2	3:19	0.5	6:17	8:00	
11	Thu	10:01	3.7	10:09	3.8	3:47	0.2	4:00	0.5	6:18	7:59	
12	Fri	10:40	3.8	10:48	3.6	4:22	0.2	4:46	0.6	6:19	7:58	
13	Sat	11:21	3.9	11:30	3.5	5:01	0.2	5:36	0.6	6:20	7:57	
14	Sun			12:04	4.0	5:43	0.3	6:29	0.7	6:20	7:55	
15	Mon	12:15	3.3	12:52	4.1	6:29	0.3	7:26	0.7	6:21	7:54	
16	Tue	1:05	3.1	1:47	4.1	7:20	0.4	8:30	0.8	6:22	7:53	
17	Wed	2:05	3.0	2:55	4.2	8:20	0.4	9:38	0.7	6:23	7:52	
18	Thu	3:19	3.0	4:06	4.3	9:26	0.4	10:44	0.6	6:24	7:50	
19	Fri	4:33	3.1	5:12	4.4	10:33	0.3	11:49	0.4	6:25	7:49	
20	Sat	5:40	3.4	6:15	4.6	11:39	0.2			6:25	7:48	
21	Sun	6:44	3.7	7:13	4.7	12:49	0.2	12:45	0.0	6:26	7:46	
22	Mon	7:42	4.0	8:04	4.7	1:42	0.0	1:44	-0.1	6:27	7:45	
23	Tue	8:33	4.2	8:51	4.6	2:27	-0.2	2:37	-0.1	6:28	7:44	
24	Wed	9:21	4.4	9:37	4.4	3:09	-0.2	3:28	0.0	6:29	7:42	
25	Thu	10:09	4.5	10:22	4.1	3:51	-0.1	4:19	0.2	6:29	7:41	
26	Fri	10:56	4.4	11:07	3.8	4:34	0.0	5:13	0.4	6:30	7:40	
27	Sat	11:42	4.3	11:52	3.5	5:17	0.3	6:06	0.6	6:31	7:38	
28	Sun			12:27	4.1	6:01	0.5	6:59	0.9	6:32	7:37	
29	Mon	12:35	3.2	1:13	3.9	6:46	0.8	7:55	1.1	6:33	7:35	
30	Tue	1:23	3.0	2:08	3.8	7:35	1.0	8:58	1.2	6:34	7:34	
31	Wed	2:25	2.8	3:15	3.7	8:31	1.1	9:59	1.2	6:34	7:33	