



## Virginia Beach (outer coast), VA - Jul 2045

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	9:54	3.0	10:02	3.7	3:51	0.1	3:39	0.4	5:48	8:27	☉
2	Sun	10:34	3.0	10:39	3.6	4:26	0.2	4:20	0.6	5:49	8:27	☉
3	Mon	11:14	3.0	11:16	3.4	5:03	0.2	5:05	0.7	5:49	8:26	☾
4	Tue	11:52	3.1	11:54	3.2	5:40	0.3	5:52	0.8	5:50	8:26	☾
5	Wed			12:31	3.2	6:16	0.3	6:40	0.8	5:50	8:26	☾
6	Thu	12:32	3.1	1:12	3.3	6:54	0.3	7:31	0.8	5:51	8:26	☾
7	Fri	1:15	2.9	1:58	3.4	7:35	0.3	8:27	0.8	5:51	8:26	☾
8	Sat	2:05	2.7	2:53	3.5	8:22	0.3	9:27	0.7	5:52	8:25	☾
9	Sun	3:06	2.6	3:51	3.7	9:14	0.3	10:26	0.6	5:53	8:25	☾
10	Mon	4:09	2.6	4:47	4.0	10:09	0.2	11:24	0.4	5:53	8:25	☾
11	Tue	5:09	2.8	5:44	4.2	11:06	0.1			5:54	8:24	☾
12	Wed	6:10	2.9	6:42	4.4	12:24	0.2	12:06	-0.1	5:55	8:24	☾
13	Thu	7:10	3.1	7:37	4.6	1:21	-0.1	1:07	-0.2	5:55	8:23	☾
14	Fri	8:06	3.4	8:30	4.7	2:12	-0.3	2:03	-0.4	5:56	8:23	☾
15	Sat	9:00	3.6	9:21	4.6	3:00	-0.5	2:58	-0.4	5:57	8:22	☾
16	Sun	9:54	3.8	10:13	4.5	3:48	-0.5	3:53	-0.4	5:57	8:22	☾
17	Mon	10:50	4.0	11:05	4.2	4:38	-0.5	4:54	-0.2	5:58	8:21	☾
18	Tue	11:45	4.1	11:57	3.9	5:29	-0.5	5:56	0.0	5:59	8:21	☾
19	Wed			12:39	4.1	6:20	-0.3	6:59	0.2	5:59	8:20	☾
20	Thu	12:48	3.5	1:35	4.1	7:10	-0.2	8:05	0.4	6:00	8:20	☾
21	Fri	1:43	3.1	2:38	4.0	8:02	0.0	9:14	0.5	6:01	8:19	☾
22	Sat	2:50	2.8	3:44	3.9	8:58	0.2	10:19	0.6	6:02	8:18	☾
23	Sun	4:02	2.7	4:43	3.9	9:56	0.4	11:19	0.6	6:02	8:18	☾
24	Mon	5:04	2.7	5:37	3.9	10:51	0.5			6:03	8:17	☾
25	Tue	6:01	2.7	6:27	3.9	12:17	0.6	11:47 AM	0.5	6:04	8:16	☉
26	Wed	6:53	2.8	7:13	3.9	1:08	0.5	12:41	0.5	6:05	8:15	☉
27	Thu	7:37	3.0	7:52	3.9	1:49	0.4	1:28	0.5	6:06	8:14	☉
28	Fri	8:16	3.1	8:27	3.9	2:22	0.3	2:06	0.5	6:06	8:14	☉
29	Sat	8:52	3.2	9:01	3.9	2:52	0.3	2:42	0.5	6:07	8:13	☉
30	Sun	9:27	3.3	9:34	3.8	3:20	0.2	3:17	0.5	6:08	8:12	☉
31	Mon	10:03	3.4	10:08	3.7	3:50	0.2	3:55	0.6	6:09	8:11	☉