

































## Virginia Beach (outer coast), VA - Jan 2046

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	2:32	3.6	2:44	2.7	8:58	0.2	8:52	-0.2	7:16	4:58	
2	Tue	3:36	3.7	3:50	2.6	10:04	0.1	9:49	-0.2	7:16	4:59	
3	Wed	4:33	3.7	4:50	2.6	11:06	0.1	10:46	-0.2	7:16	5:00	
4	Thu	5:28	3.8	5:46	2.6			12:03	0.0	7:16	5:00	
5	Fri	6:17	3.8	6:35	2.7			12:50	-0.1	7:16	5:01	
6	Sat	7:00	3.8	7:17	2.8	12:32	-0.2	1:29	-0.1	7:16	5:02	
7	Sun	7:39	3.7	7:56	2.8	1:13	-0.2	2:04	-0.2	7:16	5:03	
8	Mon	8:15	3.6	8:35	2.9	1:51	-0.2	2:37	-0.2	7:16	5:04	
9	Tue	8:50	3.5	9:14	2.8	2:27	-0.1	3:10	-0.1	7:16	5:05	
10	Wed	9:26	3.4	9:53	2.8	3:06	0.1	3:45	-0.1	7:16	5:06	
11	Thu	10:02	3.2	10:32	2.8	3:47	0.2	4:21	0.0	7:16	5:07	
12	Fri	10:38	3.0	11:10	2.8	4:32	0.3	4:58	0.0	7:16	5:08	
13	Sat	11:16	2.8	11:50	2.9	5:18	0.4	5:35	0.1	7:16	5:09	
14	Sun	11:56	2.6			6:07	0.5	6:16	0.1	7:15	5:10	
15	Mon	12:36	2.9	12:43	2.4	7:02	0.6	7:03	0.2	7:15	5:11	
16	Tue	1:30	3.0	1:42	2.3	8:03	0.5	7:56	0.1	7:15	5:12	
17	Wed	2:32	3.1	2:47	2.2	9:04	0.4	8:52	0.0	7:14	5:13	
18	Thu	3:31	3.3	3:48	2.3	10:03	0.3	9:48	-0.1	7:14	5:14	
19	Fri	4:28	3.6	4:47	2.5	11:02	0.0	10:46	-0.4	7:13	5:15	
20	Sat	5:24	3.8	5:45	2.8	11:58	-0.2	11:45	-0.6	7:13	5:16	
21	Sun	6:17	4.1	6:39	3.0			12:47	-0.5	7:12	5:17	
22	Mon	7:07	4.2	7:30	3.3	12:40	-0.8	1:33	-0.7	7:12	5:18	
23	Tue	7:55	4.3	8:20	3.5	1:31	-0.9	2:18	-0.9	7:11	5:19	
24	Wed	8:43	4.2	9:12	3.7	2:23	-0.9	3:04	-0.9	7:11	5:20	
25	Thu	9:32	4.0	10:06	3.7	3:18	-0.8	3:53	-0.9	7:10	5:21	
26	Fri	10:23	3.6	10:59	3.8	4:16	-0.6	4:43	-0.8	7:10	5:22	
27	Sat	11:13	3.3	11:54	3.7	5:17	-0.4	5:34	-0.6	7:09	5:23	
28	Sun			12:05	2.9	6:20	-0.2	6:27	-0.4	7:08	5:25	
29	Mon	12:54	3.5	1:06	2.6	7:29	0.0	7:27	-0.2	7:07	5:26	
30	Tue	2:07	3.4	2:24	2.4	8:42	0.2	8:31	-0.1	7:07	5:27	
31	Wed	3:18	3.4	3:37	2.3	9:49	0.2	9:35	0.0	7:06	5:28	