

































Virginia Beach (outer coast), VA - Jan 2053

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	4:01	3.9	4:21	3.1	10:28	-0.2	10:29	-0.7	7:16	4:58	
2	Thu	5:00	4.2	5:23	3.2	11:30	-0.5	11:28	-0.8	7:16	4:59	
3	Fri	5:58	4.4	6:23	3.4			12:29	-0.7	7:16	5:00	
4	Sat	6:53	4.5	7:18	3.5	12:26	-1.0	1:21	-0.9	7:16	5:01	
5	Sun	7:45	4.6	8:11	3.6	1:20	-1.0	2:11	-0.9	7:16	5:02	
6	Mon	8:36	4.4	9:05	3.6	2:12	-1.0	3:02	-0.9	7:16	5:02	
7	Tue	9:27	4.2	9:59	3.5	3:05	-0.8	3:54	-0.8	7:16	5:03	
8	Wed	10:18	3.9	10:53	3.4	4:02	-0.5	4:47	-0.6	7:16	5:04	
9	Thu	11:07	3.5	11:46	3.3	5:01	-0.3	5:38	-0.4	7:16	5:05	
10	Fri	11:56	3.2			6:00	0.0	6:29	-0.2	7:16	5:06	
11	Sat	12:42	3.2	12:49	2.8	7:02	0.2	7:21	-0.1	7:16	5:07	
12	Sun	1:47	3.1	1:52	2.6	8:09	0.4	8:14	0.0	7:16	5:08	
13	Mon	2:51	3.1	2:57	2.5	9:10	0.4	9:04	0.1	7:15	5:09	
14	Tue	3:45	3.1	3:53	2.4	10:05	0.4	9:51	0.1	7:15	5:10	
15	Wed	4:32	3.2	4:42	2.5	10:57	0.3	10:37	0.1	7:15	5:11	
16	Thu	5:16	3.3	5:29	2.5	11:45	0.2	11:23	0.0	7:14	5:12	
17	Fri	5:58	3.4	6:12	2.6			12:24	0.1	7:14	5:13	
18	Sat	6:36	3.5	6:51	2.7	12:06	-0.1	12:58	-0.1	7:14	5:14	
19	Sun	7:11	3.6	7:27	2.8	12:44	-0.2	1:29	-0.2	7:13	5:15	
20	Mon	7:45	3.6	8:02	2.9	1:21	-0.2	2:01	-0.3	7:13	5:16	
21	Tue	8:20	3.6	8:39	2.9	1:57	-0.3	2:35	-0.3	7:12	5:17	
22	Wed	8:56	3.5	9:19	3.0	2:36	-0.2	3:13	-0.3	7:12	5:18	
23	Thu	9:35	3.5	10:01	3.1	3:19	-0.2	3:53	-0.3	7:11	5:19	
24	Fri	10:16	3.3	10:45	3.1	4:06	-0.1	4:36	-0.3	7:11	5:21	
25	Sat	10:59	3.2	11:32	3.2	4:57	0.0	5:22	-0.3	7:10	5:22	
26	Sun	11:47	3.0			5:52	0.0	6:12	-0.4	7:09	5:23	
27	Mon	12:25	3.3	12:41	2.9	6:52	0.1	7:07	-0.4	7:09	5:24	
28	Tue	1:27	3.4	1:48	2.8	7:59	0.0	8:08	-0.4	7:08	5:25	
29	Wed	2:37	3.5	2:59	2.8	9:06	-0.1	9:10	-0.5	7:07	5:26	
30	Thu	3:44	3.7	4:06	2.9	10:11	-0.2	10:13	-0.6	7:06	5:27	
31	Fri	4:46	3.9	5:10	3.1	11:16	-0.4	11:15	-0.8	7:06	5:28	