

































Virginia Beach (outer coast), VA - Mar 2053

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	4:36	3.8	5:02	3.3	11:01	-0.3	11:08	-0.5	6:33	5:58	
2	Sun	5:36	3.9	6:01	3.5			12:00	-0.4	6:32	5:59	
3	Mon	6:30	4.0	6:52	3.7	12:09	-0.7	12:49	-0.6	6:30	6:00	
4	Tue	7:17	4.0	7:39	3.8	1:01	-0.8	1:33	-0.7	6:29	6:01	
5	Wed	8:01	3.9	8:23	3.9	1:48	-0.7	2:13	-0.7	6:27	6:02	
6	Thu	8:43	3.8	9:07	3.8	2:32	-0.6	2:53	-0.5	6:26	6:03	
7	Fri	9:25	3.6	9:50	3.7	3:17	-0.4	3:34	-0.4	6:25	6:04	
8	Sat	10:06	3.3	10:32	3.5	4:03	-0.2	4:17	-0.1	6:23	6:05	
9	Sun	11:47	3.1			5:50	0.1	5:59	0.1	7:22	7:06	
10	Mon	12:14	3.3	12:28	2.8	6:36	0.3	6:43	0.3	7:20	7:07	
11	Tue	12:58	3.2	1:13	2.6	7:25	0.5	7:31	0.5	7:19	7:07	
12	Wed	1:48	3.0	2:07	2.5	8:19	0.6	8:25	0.6	7:17	7:08	
13	Thu	2:52	2.9	3:17	2.5	9:19	0.6	9:24	0.6	7:16	7:09	
14	Fri	3:59	2.9	4:22	2.5	10:16	0.6	10:20	0.5	7:15	7:10	
15	Sat	4:54	3.1	5:15	2.7	11:06	0.5	11:12	0.4	7:13	7:11	
16	Sun	5:43	3.2	6:02	2.9	11:54	0.3			7:12	7:12	
17	Mon	6:29	3.4	6:46	3.2	12:04	0.2	12:39	0.1	7:10	7:13	
18	Tue	7:11	3.5	7:28	3.4	12:52	0.0	1:20	-0.1	7:09	7:14	
19	Wed	7:51	3.7	8:07	3.7	1:37	-0.2	1:58	-0.3	7:07	7:15	
20	Thu	8:30	3.7	8:47	3.9	2:19	-0.4	2:35	-0.4	7:06	7:16	
21	Fri	9:09	3.7	9:28	4.0	3:00	-0.5	3:15	-0.5	7:04	7:16	
22	Sat	9:52	3.7	10:13	4.1	3:45	-0.5	3:57	-0.5	7:03	7:17	
23	Sun	10:38	3.6	11:02	4.1	4:33	-0.4	4:44	-0.4	7:01	7:18	
24	Mon	11:27	3.4	11:53	4.0	5:27	-0.3	5:36	-0.3	7:00	7:19	
25	Tue			12:19	3.3	6:23	-0.1	6:32	-0.2	6:58	7:20	
26	Wed	12:47	3.9	1:16	3.1	7:23	0.0	7:33	0.0	6:57	7:21	
27	Thu	1:50	3.7	2:25	3.1	8:30	0.1	8:41	0.0	6:55	7:22	
28	Fri	3:05	3.6	3:44	3.1	9:39	0.1	9:52	0.0	6:54	7:23	
29	Sat	4:20	3.6	4:53	3.3	10:43	0.0	10:59	-0.1	6:52	7:23	
30	Sun	5:24	3.7	5:53	3.5	11:43	-0.1			6:51	7:24	
31	Mon	6:22	3.7	6:48	3.8	12:03	-0.2	12:38	-0.2	6:49	7:25	