
































Virginia Beach (outer coast), VA - Jun 2053

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	8:32	3.1	8:44	4.0	2:37	0.0	2:22	0.2	5:45	8:17	
2	Mon	9:08	3.1	9:19	3.9	3:09	0.0	2:56	0.2	5:45	8:18	
3	Tue	9:46	3.1	9:56	3.8	3:42	0.0	3:33	0.3	5:45	8:19	
4	Wed	10:25	3.0	10:34	3.7	4:18	0.1	4:12	0.4	5:45	8:19	
5	Thu	11:05	3.0	11:13	3.5	4:58	0.2	4:56	0.6	5:44	8:20	
6	Fri	11:46	3.0	11:54	3.4	5:39	0.2	5:43	0.6	5:44	8:20	
7	Sat			12:27	3.0	6:21	0.3	6:32	0.7	5:44	8:21	
8	Sun	12:35	3.3	1:11	3.0	7:05	0.3	7:24	0.7	5:44	8:21	
9	Mon	1:21	3.2	2:03	3.2	7:51	0.3	8:21	0.7	5:44	8:22	
10	Tue	2:15	3.1	3:01	3.4	8:41	0.2	9:21	0.5	5:44	8:22	
11	Wed	3:16	3.0	3:58	3.6	9:33	0.1	10:21	0.3	5:44	8:23	
12	Thu	4:16	3.1	4:53	3.9	10:26	-0.1	11:19	0.1	5:44	8:23	
13	Fri	5:14	3.2	5:47	4.3	11:19	-0.2			5:44	8:24	
14	Sat	6:13	3.3	6:43	4.5	12:18	-0.2	12:15	-0.4	5:44	8:24	
15	Sun	7:11	3.5	7:37	4.7	1:16	-0.4	1:12	-0.5	5:44	8:24	
16	Mon	8:07	3.6	8:30	4.8	2:09	-0.6	2:06	-0.6	5:44	8:25	
17	Tue	9:01	3.7	9:22	4.8	3:00	-0.7	2:59	-0.6	5:44	8:25	
18	Wed	9:56	3.8	10:17	4.6	3:52	-0.7	3:54	-0.5	5:44	8:25	
19	Thu	10:54	3.8	11:12	4.4	4:47	-0.7	4:54	-0.4	5:44	8:26	
20	Fri	11:51	3.7			5:43	-0.5	5:57	-0.1	5:45	8:26	
21	Sat	12:06	4.0	12:48	3.7	6:39	-0.4	7:00	0.1	5:45	8:26	
22	Sun	1:01	3.7	1:49	3.7	7:33	-0.2	8:07	0.2	5:45	8:26	
23	Mon	2:00	3.4	2:56	3.6	8:29	-0.1	9:17	0.3	5:45	8:26	
24	Tue	3:08	3.1	3:59	3.7	9:25	0.1	10:20	0.4	5:46	8:27	
25	Wed	4:13	2.9	4:52	3.7	10:16	0.2	11:18	0.4	5:46	8:27	
26	Thu	5:08	2.8	5:41	3.8	11:04	0.2			5:46	8:27	
27	Fri	5:59	2.8	6:26	3.8	12:12	0.4	11:51 AM	0.3	5:47	8:27	
28	Sat	6:47	2.9	7:07	3.8	1:01	0.3	12:37	0.3	5:47	8:27	
29	Sun	7:30	2.9	7:45	3.9	1:42	0.2	1:19	0.3	5:47	8:27	
30	Mon	8:09	3.0	8:21	3.9	2:15	0.1	1:57	0.3	5:48	8:27	