
































## Virginia Beach (outer coast), VA - Sep 2053

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	10:18	4.2	10:32	3.9	4:01	0.3	4:28	0.5	6:35	7:31	
2	Tue	11:01	4.2	11:17	3.8	4:43	0.3	5:18	0.6	6:36	7:30	
3	Wed	11:47	4.3			5:29	0.3	6:11	0.7	6:37	7:29	
4	Thu	12:04	3.7	12:36	4.3	6:18	0.4	7:08	0.7	6:37	7:27	
5	Fri	12:55	3.6	1:31	4.3	7:13	0.5	8:10	0.7	6:38	7:26	
6	Sat	1:56	3.5	2:37	4.3	8:13	0.5	9:16	0.7	6:39	7:24	
7	Sun	3:08	3.5	3:48	4.4	9:19	0.5	10:21	0.5	6:40	7:23	
8	Mon	4:20	3.6	4:53	4.5	10:24	0.4	11:22	0.4	6:41	7:21	
9	Tue	5:25	3.9	5:54	4.6	11:28	0.2			6:41	7:20	
10	Wed	6:26	4.1	6:52	4.7	12:21	0.2	12:32	0.1	6:42	7:18	
11	Thu	7:23	4.4	7:44	4.7	1:15	0.0	1:30	0.0	6:43	7:17	
12	Fri	8:13	4.6	8:32	4.6	2:03	-0.1	2:22	-0.1	6:44	7:15	
13	Sat	9:00	4.7	9:18	4.5	2:47	-0.1	3:11	0.0	6:45	7:14	
14	Sun	9:47	4.7	10:03	4.3	3:29	0.0	3:59	0.2	6:45	7:12	
15	Mon	10:33	4.6	10:49	4.0	4:12	0.1	4:49	0.4	6:46	7:11	
16	Tue	11:19	4.4	11:34	3.7	4:57	0.4	5:41	0.6	6:47	7:09	
17	Wed			12:04	4.2	5:44	0.6	6:32	0.9	6:48	7:08	
18	Thu	12:19	3.5	12:50	4.0	6:30	0.9	7:24	1.0	6:49	7:06	
19	Fri	1:06	3.3	1:40	3.9	7:19	1.1	8:20	1.2	6:49	7:04	
20	Sat	2:02	3.2	2:40	3.7	8:13	1.2	9:19	1.2	6:50	7:03	
21	Sun	3:14	3.1	3:45	3.7	9:12	1.2	10:11	1.2	6:51	7:01	
22	Mon	4:18	3.2	4:38	3.8	10:07	1.2	10:57	1.1	6:52	7:00	
23	Tue	5:08	3.4	5:25	3.9	10:58	1.1	11:41	0.9	6:53	6:58	
24	Wed	5:53	3.5	6:08	4.0	11:48	1.0			6:53	6:57	
25	Thu	6:35	3.8	6:50	4.1	12:22	0.8	12:36	0.8	6:54	6:55	
26	Fri	7:15	4.0	7:30	4.2	1:01	0.6	1:20	0.7	6:55	6:54	
27	Sat	7:52	4.2	8:08	4.2	1:38	0.4	2:01	0.5	6:56	6:52	
28	Sun	8:30	4.4	8:46	4.2	2:15	0.3	2:42	0.4	6:57	6:51	
29	Mon	9:09	4.6	9:27	4.1	2:52	0.2	3:24	0.4	6:58	6:49	
30	Tue	9:51	4.7	10:11	4.0	3:31	0.2	4:10	0.4	6:58	6:48	