

































## Virginia Beach (outer coast), VA - Oct 2053

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	10:37	4.7	10:59	3.9	4:15	0.3	5:01	0.5	6:59	6:46	
2	Thu	11:26	4.6	11:50	3.8	5:05	0.4	5:56	0.6	7:00	6:45	
3	Fri			12:18	4.6	5:59	0.5	6:54	0.7	7:01	6:43	
4	Sat	12:44	3.7	1:15	4.4	6:57	0.6	7:57	0.7	7:02	6:42	
5	Sun	1:47	3.6	2:22	4.3	8:02	0.7	9:04	0.7	7:03	6:41	
6	Mon	3:03	3.7	3:36	4.3	9:12	0.7	10:07	0.6	7:04	6:39	
7	Tue	4:17	3.9	4:42	4.3	10:19	0.6	11:06	0.4	7:04	6:38	
8	Wed	5:19	4.1	5:42	4.4	11:24	0.5			7:05	6:36	
9	Thu	6:16	4.4	6:37	4.4	12:01	0.3	12:26	0.3	7:06	6:35	
10	Fri	7:08	4.6	7:27	4.4	12:53	0.2	1:22	0.2	7:07	6:33	
11	Sat	7:55	4.8	8:13	4.3	1:39	0.1	2:11	0.2	7:08	6:32	
12	Sun	8:38	4.8	8:55	4.2	2:21	0.1	2:55	0.2	7:09	6:31	
13	Mon	9:20	4.8	9:36	4.0	2:59	0.2	3:38	0.3	7:10	6:29	
14	Tue	10:01	4.6	10:19	3.8	3:38	0.3	4:21	0.5	7:11	6:28	
15	Wed	10:44	4.4	11:03	3.6	4:19	0.6	5:07	0.7	7:12	6:26	
16	Thu	11:26	4.2	11:47	3.4	5:02	0.8	5:54	0.9	7:12	6:25	
17	Fri			12:09	4.0	5:49	1.0	6:41	1.0	7:13	6:24	
18	Sat	12:31	3.3	12:53	3.8	6:37	1.2	7:30	1.1	7:14	6:22	
19	Sun	1:21	3.2	1:44	3.7	7:29	1.3	8:24	1.1	7:15	6:21	
20	Mon	2:21	3.1	2:44	3.6	8:26	1.3	9:17	1.1	7:16	6:20	
21	Tue	3:30	3.2	3:45	3.6	9:26	1.3	10:05	1.0	7:17	6:19	
22	Wed	4:25	3.4	4:37	3.7	10:20	1.2	10:49	0.8	7:18	6:17	
23	Thu	5:11	3.6	5:24	3.8	11:12	1.0	11:32	0.7	7:19	6:16	
24	Fri	5:54	3.9	6:09	3.9			12:02	0.8	7:20	6:15	
25	Sat	6:37	4.2	6:53	3.9	12:16	0.5	12:51	0.5	7:21	6:14	
26	Sun	7:19	4.5	7:37	4.0	12:59	0.3	1:37	0.3	7:22	6:13	
27	Mon	8:01	4.7	8:20	4.0	1:41	0.1	2:21	0.2	7:23	6:11	
28	Tue	8:44	4.8	9:05	4.0	2:23	0.0	3:05	0.1	7:24	6:10	
29	Wed	9:29	4.9	9:52	3.9	3:06	0.0	3:53	0.1	7:25	6:09	
30	Thu	10:17	4.9	10:44	3.8	3:53	0.0	4:46	0.2	7:26	6:08	
31	Fri	11:10	4.7	11:39	3.7	4:46	0.2	5:43	0.3	7:27	6:07	