

































Virginia Beach (outer coast), VA - Aug 2054

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	5:52	3.3	6:23	4.5	11:54	-0.1			6:09	8:10	
2	Sun	6:52	3.6	7:20	4.7	12:56	-0.1	12:54	-0.3	6:10	8:09	
3	Mon	7:49	3.9	8:13	4.8	1:50	-0.4	1:51	-0.4	6:11	8:08	
4	Tue	8:43	4.1	9:04	4.8	2:39	-0.5	2:45	-0.5	6:12	8:07	
5	Wed	9:37	4.2	9:56	4.7	3:28	-0.6	3:40	-0.4	6:13	8:06	
6	Thu	10:32	4.3	10:50	4.4	4:18	-0.5	4:38	-0.3	6:14	8:05	
7	Fri	11:27	4.3	11:43	4.1	5:11	-0.4	5:39	-0.1	6:14	8:04	
8	Sat			12:21	4.3	6:04	-0.3	6:41	0.2	6:15	8:03	
9	Sun	12:35	3.8	1:17	4.2	6:57	0.0	7:45	0.4	6:16	8:02	
10	Mon	1:31	3.5	2:20	4.1	7:53	0.2	8:53	0.5	6:17	8:01	
11	Tue	2:37	3.2	3:28	4.0	8:51	0.4	9:59	0.6	6:18	8:00	
12	Wed	3:50	3.1	4:29	3.9	9:50	0.5	10:58	0.7	6:18	7:58	
13	Thu	4:52	3.0	5:23	3.9	10:46	0.6	11:54	0.7	6:19	7:57	
14	Fri	5:47	3.1	6:11	3.9	11:39	0.6			6:20	7:56	
15	Sat	6:37	3.2	6:56	4.0	12:44	0.6	12:31	0.6	6:21	7:55	
16	Sun	7:20	3.3	7:35	4.0	1:26	0.5	1:16	0.6	6:22	7:53	
17	Mon	7:58	3.4	8:10	4.0	2:00	0.4	1:53	0.5	6:23	7:52	
18	Tue	8:33	3.5	8:43	4.0	2:29	0.4	2:28	0.5	6:23	7:51	
19	Wed	9:07	3.6	9:17	4.0	2:58	0.3	3:02	0.5	6:24	7:50	
20	Thu	9:42	3.7	9:51	3.9	3:28	0.3	3:39	0.6	6:25	7:48	
21	Fri	10:18	3.7	10:28	3.8	4:01	0.4	4:18	0.7	6:26	7:47	
22	Sat	10:55	3.8	11:06	3.6	4:38	0.4	5:02	0.8	6:27	7:46	
23	Sun	11:34	3.8	11:45	3.5	5:17	0.5	5:48	0.8	6:28	7:44	
24	Mon			12:15	3.9	5:59	0.5	6:37	0.9	6:28	7:43	
25	Tue	12:28	3.4	1:00	3.9	6:44	0.6	7:31	0.9	6:29	7:42	
26	Wed	1:16	3.3	1:54	4.0	7:34	0.6	8:30	0.9	6:30	7:40	
27	Thu	2:15	3.2	2:57	4.1	8:32	0.6	9:33	0.7	6:31	7:39	
28	Fri	3:24	3.3	4:02	4.3	9:34	0.5	10:34	0.6	6:32	7:37	
29	Sat	4:31	3.5	5:04	4.5	10:35	0.3	11:34	0.3	6:32	7:36	
30	Sun	5:34	3.7	6:03	4.7	11:37	0.1			6:33	7:35	
31	Mon	6:35	4.0	7:01	4.8	12:33	0.1	12:40	-0.1	6:34	7:33	