




















Virginia Beach (outer coast), VA - Jul 2055

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	1:01	3.7	1:48	3.7	7:33	-0.2	8:07	0.2	5:48	8:27	
2	Fri	2:00	3.4	2:55	3.8	8:29	-0.2	9:16	0.2	5:49	8:27	
3	Sat	3:08	3.2	4:01	4.0	9:27	-0.2	10:23	0.2	5:49	8:26	
4	Sun	4:16	3.1	5:00	4.1	10:23	-0.1	11:26	0.1	5:50	8:26	
5	Mon	5:19	3.1	5:56	4.2	11:19	-0.1			5:50	8:26	
6	Tue	6:19	3.1	6:50	4.3	12:28	0.0	12:16	-0.1	5:51	8:26	
7	Wed	7:15	3.2	7:39	4.3	1:24	-0.1	1:11	-0.1	5:51	8:26	
8	Thu	8:05	3.3	8:24	4.3	2:11	-0.2	2:00	-0.1	5:52	8:25	
9	Fri	8:50	3.3	9:06	4.2	2:53	-0.2	2:44	0.0	5:52	8:25	
10	Sat	9:34	3.3	9:47	4.0	3:32	-0.1	3:26	0.1	5:53	8:25	
11	Sun	10:17	3.3	10:27	3.8	4:12	0.0	4:09	0.3	5:54	8:24	
12	Mon	11:01	3.3	11:08	3.6	4:52	0.1	4:55	0.5	5:54	8:24	
13	Tue	11:42	3.2	11:47	3.4	5:32	0.2	5:42	0.6	5:55	8:24	
14	Wed			12:23	3.2	6:11	0.3	6:29	0.8	5:56	8:23	
15	Thu	12:26	3.2	1:04	3.2	6:50	0.4	7:18	0.8	5:56	8:23	
16	Fri	1:07	3.0	1:50	3.2	7:30	0.4	8:11	0.9	5:57	8:22	
17	Sat	1:55	2.9	2:42	3.3	8:15	0.5	9:07	0.9	5:58	8:22	
18	Sun	2:52	2.8	3:37	3.4	9:03	0.5	10:02	0.8	5:58	8:21	
19	Mon	3:52	2.7	4:28	3.6	9:52	0.5	10:55	0.6	5:59	8:20	
20	Tue	4:47	2.8	5:17	3.8	10:42	0.4	11:48	0.5	6:00	8:20	
21	Wed	5:40	2.9	6:07	4.0	11:34	0.3			6:01	8:19	
22	Thu	6:33	3.1	6:57	4.3	12:41	0.2	12:27	0.1	6:01	8:19	
23	Fri	7:25	3.3	7:46	4.4	1:30	0.0	1:20	-0.1	6:02	8:18	
24	Sat	8:14	3.5	8:33	4.5	2:15	-0.2	2:11	-0.2	6:03	8:17	
25	Sun	9:02	3.7	9:20	4.6	3:00	-0.3	3:00	-0.3	6:04	8:16	
26	Mon	9:53	3.8	10:10	4.5	3:46	-0.4	3:52	-0.2	6:04	8:16	
27	Tue	10:46	4.0	11:01	4.3	4:35	-0.4	4:49	-0.1	6:05	8:15	
28	Wed	11:39	4.1	11:53	4.0	5:26	-0.4	5:49	0.0	6:06	8:14	
29	Thu			12:33	4.1	6:18	-0.3	6:51	0.1	6:07	8:13	
30	Fri	12:45	3.8	1:31	4.1	7:11	-0.2	7:56	0.3	6:08	8:12	
31	Sat	1:43	3.5	2:36	4.1	8:07	0.0	9:05	0.4	6:08	8:11	