

































Virginia Beach (outer coast), VA - Mar 2056

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	6:55	4.1	7:18	3.6	12:35	-0.7	1:14	-0.6	6:33	5:58	
2	Thu	7:41	4.2	8:05	3.9	1:24	-0.8	1:57	-0.8	6:31	5:59	
3	Fri	8:27	4.1	8:53	4.0	2:13	-0.9	2:41	-0.8	6:30	6:00	
4	Sat	9:15	4.0	9:44	4.1	3:04	-0.8	3:29	-0.8	6:28	6:01	
5	Sun	10:05	3.7	10:37	4.1	4:00	-0.7	4:19	-0.7	6:27	6:02	
6	Mon	10:57	3.4	11:31	3.9	4:58	-0.5	5:13	-0.5	6:26	6:03	
7	Tue	11:50	3.2			5:59	-0.2	6:09	-0.3	6:24	6:04	
8	Wed	12:30	3.7	12:52	2.9	7:05	0.0	7:12	-0.1	6:23	6:05	
9	Thu	1:42	3.6	2:11	2.7	8:18	0.1	8:22	0.0	6:21	6:06	
10	Fri	3:00	3.5	3:29	2.8	9:27	0.2	9:31	0.1	6:20	6:07	
11	Sat	4:06	3.5	4:32	2.9	10:30	0.2	10:35	0.0	6:19	6:08	
12	Sun	6:04	3.5	6:27	3.0			12:28	0.1	7:17	7:09	
13	Mon	6:55	3.6	7:15	3.2	12:35	0.0	1:16	0.0	7:16	7:10	
14	Tue	7:38	3.6	7:55	3.3	1:25	-0.1	1:54	-0.1	7:14	7:10	
15	Wed	8:15	3.6	8:31	3.4	2:05	-0.2	2:26	-0.1	7:13	7:11	
16	Thu	8:49	3.6	9:04	3.5	2:40	-0.2	2:55	-0.1	7:11	7:12	
17	Fri	9:21	3.5	9:37	3.5	3:12	-0.1	3:24	-0.1	7:10	7:13	
18	Sat	9:55	3.4	10:11	3.5	3:46	0.0	3:55	0.0	7:08	7:14	
19	Sun	10:30	3.2	10:47	3.4	4:22	0.1	4:29	0.1	7:07	7:15	
20	Mon	11:06	3.0	11:24	3.4	5:02	0.2	5:07	0.2	7:05	7:16	
21	Tue	11:44	2.9			5:44	0.3	5:47	0.4	7:04	7:17	
22	Wed	12:03	3.3	12:24	2.7	6:29	0.5	6:31	0.5	7:02	7:18	
23	Thu	12:45	3.2	1:09	2.6	7:19	0.6	7:20	0.5	7:01	7:18	
24	Fri	1:35	3.2	2:04	2.5	8:15	0.6	8:17	0.5	6:59	7:19	
25	Sat	2:38	3.2	3:12	2.6	9:16	0.6	9:20	0.4	6:58	7:20	
26	Sun	3:46	3.3	4:17	2.8	10:15	0.4	10:21	0.2	6:56	7:21	
27	Mon	4:47	3.5	5:16	3.1	11:11	0.2	11:21	0.0	6:55	7:22	
28	Tue	5:44	3.7	6:11	3.5			12:05	-0.1	6:53	7:23	
29	Wed	6:39	3.9	7:05	3.8	12:20	-0.3	12:57	-0.3	6:52	7:24	
30	Thu	7:30	4.1	7:55	4.2	1:17	-0.6	1:45	-0.6	6:51	7:25	
31	Fri	8:19	4.2	8:43	4.5	2:09	-0.8	2:30	-0.7	6:49	7:25	