

































## Virginia Beach (outer coast), VA - Oct 2056

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	12:59	3.1	1:22	3.8	7:03	1.2	8:06	1.2	7:00	6:46	
2	Mon	1:52	3.1	2:19	3.8	7:58	1.2	9:04	1.2	7:00	6:45	
3	Tue	2:58	3.1	3:24	3.9	8:58	1.2	10:00	1.1	7:01	6:43	
4	Wed	4:03	3.3	4:23	4.0	9:59	1.0	10:51	0.9	7:02	6:42	
5	Thu	4:58	3.6	5:17	4.2	10:56	0.8	11:40	0.6	7:03	6:40	
6	Fri	5:50	3.9	6:08	4.4	11:53	0.6			7:04	6:39	
7	Sat	6:41	4.3	6:59	4.5	12:29	0.3	12:50	0.3	7:05	6:37	
8	Sun	7:30	4.7	7:48	4.6	1:17	0.1	1:43	0.1	7:06	6:36	
9	Mon	8:17	5.0	8:36	4.5	2:01	-0.1	2:33	-0.1	7:06	6:34	
10	Tue	9:05	5.2	9:25	4.4	2:46	-0.2	3:23	-0.1	7:07	6:33	
11	Wed	9:55	5.2	10:17	4.2	3:32	-0.2	4:17	0.0	7:08	6:32	
12	Thu	10:48	5.1	11:12	4.0	4:22	0.0	5:16	0.2	7:09	6:30	
13	Fri	11:44	4.9			5:18	0.2	6:17	0.3	7:10	6:29	
14	Sat	12:09	3.8	12:41	4.7	6:17	0.4	7:21	0.5	7:11	6:27	
15	Sun	1:09	3.6	1:45	4.4	7:21	0.6	8:30	0.7	7:12	6:26	
16	Mon	2:24	3.5	3:01	4.2	8:33	0.8	9:38	0.7	7:13	6:25	
17	Tue	3:46	3.5	4:12	4.1	9:47	0.8	10:37	0.7	7:14	6:23	
18	Wed	4:51	3.7	5:10	4.0	10:52	0.8	11:29	0.7	7:15	6:22	
19	Thu	5:44	3.8	6:00	4.0	11:51	0.8			7:15	6:21	
20	Fri	6:32	4.0	6:45	3.9	12:16	0.6	12:45	0.7	7:16	6:20	
21	Sat	7:13	4.2	7:25	3.9	12:57	0.5	1:30	0.6	7:17	6:18	
22	Sun	7:49	4.3	8:01	3.8	1:31	0.5	2:07	0.6	7:18	6:17	
23	Mon	8:22	4.3	8:35	3.8	2:02	0.5	2:40	0.6	7:19	6:16	
24	Tue	8:54	4.3	9:08	3.7	2:32	0.5	3:12	0.6	7:20	6:15	
25	Wed	9:26	4.3	9:44	3.5	3:02	0.5	3:45	0.7	7:21	6:13	
26	Thu	10:01	4.2	10:22	3.4	3:35	0.7	4:23	0.7	7:22	6:12	
27	Fri	10:39	4.1	11:03	3.3	4:12	0.8	5:05	0.8	7:23	6:11	
28	Sat	11:19	4.0	11:45	3.1	4:54	0.9	5:51	0.9	7:24	6:10	
29	Sun			12:01	3.9	5:40	1.0	6:38	1.0	7:25	6:09	
30	Mon	12:30	3.1	12:46	3.8	6:30	1.1	7:29	1.0	7:26	6:08	
31	Tue	1:20	3.0	1:38	3.8	7:25	1.1	8:24	0.9	7:27	6:07	