
































## Virginia Beach (outer coast), VA - Nov 2056

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	2:21	3.1	2:40	3.8	8:26	1.1	9:20	0.8	7:28	6:06	
2	Thu	3:28	3.3	3:44	3.8	9:30	0.9	10:12	0.6	7:29	6:05	
3	Fri	4:27	3.7	4:42	3.9	10:31	0.7	11:03	0.3	7:30	6:04	
4	Sat	5:21	4.1	5:36	4.1	11:30	0.4	11:53	0.0	7:31	6:03	
5	Sun	5:13	4.5	5:31	4.2	11:29	0.1	11:44	-0.2	6:32	5:02	
6	Mon	6:05	4.8	6:24	4.2			12:26	-0.2	6:33	5:01	
7	Tue	6:55	5.1	7:16	4.2	12:33	-0.4	1:18	-0.3	6:34	5:00	
8	Wed	7:45	5.2	8:07	4.1	1:21	-0.4	2:09	-0.4	6:35	4:59	
9	Thu	8:36	5.2	9:00	3.9	2:10	-0.4	3:02	-0.3	6:36	4:58	
10	Fri	9:30	5.0	9:57	3.8	3:01	-0.2	4:00	-0.1	6:37	4:57	
11	Sat	10:26	4.8	10:56	3.6	3:58	0.0	5:01	0.1	6:38	4:57	
12	Sun	11:23	4.4	11:56	3.4	5:00	0.3	6:03	0.3	6:39	4:56	
13	Mon			12:23	4.1	6:06	0.5	7:07	0.4	6:40	4:55	
14	Tue	1:07	3.3	1:32	3.8	7:18	0.7	8:11	0.5	6:41	4:54	
15	Wed	2:26	3.4	2:43	3.6	8:31	0.7	9:06	0.5	6:43	4:54	
16	Thu	3:29	3.5	3:41	3.5	9:35	0.7	9:54	0.5	6:44	4:53	
17	Fri	4:20	3.7	4:30	3.4	10:32	0.7	10:37	0.4	6:45	4:52	
18	Sat	5:05	3.8	5:14	3.4	11:25	0.6	11:17	0.4	6:46	4:52	
19	Sun	5:45	3.9	5:55	3.3			12:10	0.5	6:47	4:51	
20	Mon	6:21	4.0	6:33	3.3			12:47	0.4	6:48	4:51	
21	Tue	6:54	4.1	7:09	3.3	12:27	0.3	1:20	0.4	6:49	4:50	
22	Wed	7:26	4.1	7:44	3.2	1:00	0.3	1:50	0.3	6:50	4:50	
23	Thu	7:59	4.1	8:19	3.2	1:33	0.3	2:23	0.3	6:51	4:49	
24	Fri	8:33	4.0	8:57	3.1	2:07	0.4	2:59	0.4	6:52	4:49	
25	Sat	9:11	4.0	9:38	3.0	2:44	0.5	3:39	0.4	6:53	4:49	
26	Sun	9:51	3.9	10:20	2.9	3:25	0.6	4:23	0.5	6:54	4:48	
27	Mon	10:33	3.8	11:05	2.9	4:11	0.7	5:09	0.5	6:55	4:48	
28	Tue	11:18	3.7	11:53	2.9	5:03	0.7	5:57	0.5	6:56	4:48	
29	Wed			12:06	3.6	5:58	0.7	6:48	0.4	6:56	4:47	
30	Thu	12:49	3.1	1:02	3.5	6:59	0.7	7:42	0.3	6:57	4:47	