

































## Virginia Beach (outer coast), VA - Dec 2056

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	1:54	3.3	2:06	3.5	8:04	0.6	8:36	0.1	6:58	4:47	
2	Sat	2:57	3.6	3:09	3.5	9:08	0.4	9:29	-0.1	6:59	4:47	
3	Sun	3:54	4.0	4:08	3.5	10:10	0.1	10:21	-0.3	7:00	4:47	
4	Mon	4:49	4.4	5:06	3.6	11:11	-0.2	11:16	-0.5	7:01	4:47	
5	Tue	5:44	4.7	6:03	3.6			12:10	-0.4	7:02	4:47	
6	Wed	6:37	4.9	6:58	3.7	12:10	-0.7	1:05	-0.6	7:03	4:47	
7	Thu	7:29	5.0	7:51	3.6	1:02	-0.7	1:56	-0.7	7:04	4:47	
8	Fri	8:20	4.9	8:45	3.6	1:52	-0.7	2:48	-0.6	7:04	4:47	
9	Sat	9:13	4.7	9:41	3.5	2:44	-0.5	3:43	-0.4	7:05	4:47	
10	Sun	10:08	4.4	10:39	3.3	3:41	-0.3	4:41	-0.3	7:06	4:47	
11	Mon	11:02	4.0	11:36	3.2	4:42	0.0	5:37	-0.1	7:07	4:47	
12	Tue	11:55	3.7			5:45	0.2	6:33	0.0	7:07	4:48	
13	Wed	12:37	3.1	12:52	3.3	6:51	0.4	7:30	0.1	7:08	4:48	
14	Thu	1:48	3.1	1:57	3.1	8:02	0.5	8:23	0.2	7:09	4:48	
15	Fri	2:54	3.2	2:59	2.9	9:06	0.6	9:10	0.2	7:09	4:48	
16	Sat	3:46	3.3	3:51	2.8	10:03	0.6	9:52	0.2	7:10	4:49	
17	Sun	4:31	3.4	4:38	2.8	10:55	0.5	10:33	0.2	7:11	4:49	
18	Mon	5:12	3.5	5:22	2.8	11:43	0.4	11:13	0.2	7:11	4:50	
19	Tue	5:51	3.6	6:05	2.8			12:23	0.3	7:12	4:50	
20	Wed	6:27	3.7	6:44	2.8			12:58	0.1	7:12	4:50	
21	Thu	7:02	3.8	7:21	2.8	12:32	0.0	1:30	0.0	7:13	4:51	
22	Fri	7:36	3.8	7:57	2.8	1:08	0.0	2:02	0.0	7:13	4:51	
23	Sat	8:12	3.8	8:34	2.8	1:44	0.0	2:37	0.0	7:14	4:52	
24	Sun	8:49	3.8	9:15	2.8	2:22	0.0	3:15	0.0	7:14	4:53	
25	Mon	9:28	3.7	9:58	2.8	3:03	0.1	3:57	0.0	7:14	4:53	
26	Tue	10:10	3.6	10:43	2.9	3:50	0.2	4:41	0.0	7:15	4:54	
27	Wed	10:53	3.5	11:30	2.9	4:42	0.2	5:27	-0.1	7:15	4:55	
28	Thu	11:40	3.4			5:36	0.3	6:15	-0.1	7:15	4:55	
29	Fri	12:22	3.1	12:32	3.2	6:36	0.3	7:07	-0.2	7:16	4:56	
30	Sat	1:23	3.3	1:33	3.1	7:41	0.2	8:03	-0.3	7:16	4:57	
31	Sun	2:29	3.5	2:41	3.0	8:48	0.1	8:59	-0.4	7:16	4:57	