
































Virginia Beach (outer coast), VA - Jun 2057

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	8:03	3.0	8:14	3.9	2:14	0.1	1:48	0.2	5:45	8:17	
2	Sat	8:39	3.0	8:47	3.9	2:46	0.1	2:22	0.2	5:45	8:18	
3	Sun	9:15	3.0	9:22	3.8	3:17	0.1	2:57	0.3	5:45	8:19	
4	Mon	9:53	2.9	9:59	3.8	3:51	0.1	3:34	0.4	5:45	8:19	
5	Tue	10:33	2.9	10:38	3.7	4:29	0.2	4:14	0.5	5:44	8:20	
6	Wed	11:14	2.8	11:19	3.6	5:10	0.3	4:59	0.6	5:44	8:20	
7	Thu	11:55	2.8			5:53	0.3	5:48	0.6	5:44	8:21	
8	Fri	12:00	3.5	12:38	2.9	6:36	0.3	6:40	0.7	5:44	8:21	
9	Sat	12:44	3.4	1:26	3.0	7:21	0.3	7:35	0.6	5:44	8:22	
10	Sun	1:33	3.3	2:22	3.2	8:09	0.2	8:36	0.6	5:44	8:22	
11	Mon	2:31	3.2	3:23	3.5	9:01	0.1	9:39	0.4	5:44	8:23	
12	Tue	3:34	3.1	4:20	3.8	9:53	0.0	10:40	0.2	5:44	8:23	
13	Wed	4:35	3.2	5:15	4.1	10:46	-0.2	11:40	-0.1	5:44	8:24	
14	Thu	5:34	3.2	6:10	4.5	11:40	-0.3			5:44	8:24	
15	Fri	6:33	3.3	7:05	4.7	12:41	-0.3	12:36	-0.5	5:44	8:24	
16	Sat	7:32	3.4	8:00	4.8	1:38	-0.5	1:32	-0.6	5:44	8:25	
17	Sun	8:27	3.5	8:53	4.8	2:31	-0.7	2:26	-0.6	5:44	8:25	
18	Mon	9:22	3.5	9:46	4.7	3:23	-0.7	3:19	-0.5	5:44	8:25	
19	Tue	10:19	3.5	10:42	4.5	4:17	-0.6	4:16	-0.4	5:44	8:26	
20	Wed	11:17	3.5	11:37	4.2	5:13	-0.5	5:18	-0.1	5:45	8:26	
21	Thu			12:14	3.5	6:10	-0.3	6:22	0.1	5:45	8:26	
22	Fri	12:31	3.9	1:12	3.4	7:04	-0.2	7:27	0.3	5:45	8:26	
23	Sat	1:26	3.5	2:15	3.4	7:57	0.0	8:36	0.4	5:45	8:26	
24	Sun	2:27	3.2	3:21	3.5	8:50	0.1	9:43	0.5	5:46	8:27	
25	Mon	3:32	2.9	4:18	3.5	9:40	0.2	10:42	0.5	5:46	8:27	
26	Tue	4:29	2.8	5:06	3.6	10:25	0.3	11:37	0.5	5:46	8:27	
27	Wed	5:20	2.7	5:50	3.7	11:08	0.3			5:47	8:27	
28	Thu	6:08	2.7	6:32	3.7	12:29	0.4	11:51 AM	0.4	5:47	8:27	
29	Fri	6:54	2.8	7:11	3.8	1:14	0.4	12:36	0.4	5:47	8:27	
30	Sat	7:37	2.8	7:48	3.9	1:51	0.3	1:18	0.3	5:48	8:27	