



Virginia Beach (outer coast), VA - Aug 2057

| Date | | High | | | | Low | | | |  | |  |
|------|-----|-------|-----|-------|-----|-------|------|-------|------|---|------|---|
| | | AM | ft | PM | ft | AM | ft | PM | ft | Rise | Set | Moon |
| 1 | Wed | 9:04 | 3.3 | 9:12 | 4.0 | 3:01 | 0.2 | 2:51 | 0.4 | 6:10 | 8:10 | ● |
| 2 | Thu | 9:41 | 3.4 | 9:49 | 4.0 | 3:34 | 0.2 | 3:31 | 0.4 | 6:10 | 8:09 | ● |
| 3 | Fri | 10:21 | 3.5 | 10:29 | 3.9 | 4:11 | 0.2 | 4:16 | 0.4 | 6:11 | 8:08 | ● |
| 4 | Sat | 11:04 | 3.6 | 11:10 | 3.8 | 4:50 | 0.1 | 5:05 | 0.5 | 6:12 | 8:07 | ◐ |
| 5 | Sun | 11:47 | 3.7 | 11:54 | 3.6 | 5:32 | 0.1 | 5:57 | 0.5 | 6:13 | 8:06 | ◑ |
| 6 | Mon | | | 12:33 | 3.9 | 6:17 | 0.2 | 6:52 | 0.6 | 6:14 | 8:05 | ◒ |
| 7 | Tue | 12:41 | 3.5 | 1:24 | 4.0 | 7:04 | 0.2 | 7:51 | 0.6 | 6:15 | 8:04 | ◑ |
| 8 | Wed | 1:34 | 3.3 | 2:23 | 4.1 | 7:57 | 0.2 | 8:56 | 0.5 | 6:15 | 8:03 | ◒ |
| 9 | Thu | 2:38 | 3.2 | 3:30 | 4.2 | 8:56 | 0.2 | 10:02 | 0.5 | 6:16 | 8:01 | ◑ |
| 10 | Fri | 3:49 | 3.2 | 4:35 | 4.4 | 9:58 | 0.2 | 11:06 | 0.3 | 6:17 | 8:00 | ◒ |
| 11 | Sat | 4:57 | 3.3 | 5:37 | 4.5 | 11:01 | 0.1 | | | 6:18 | 7:59 | ◐ |
| 12 | Sun | 6:03 | 3.4 | 6:38 | 4.7 | 12:10 | 0.2 | 12:05 | 0.0 | 6:19 | 7:58 | ◑ |
| 13 | Mon | 7:05 | 3.6 | 7:34 | 4.8 | 1:10 | 0.0 | 1:07 | -0.1 | 6:20 | 7:57 | ◐ |
| 14 | Tue | 8:01 | 3.9 | 8:26 | 4.7 | 2:02 | -0.2 | 2:04 | -0.2 | 6:20 | 7:56 | ◑ |
| 15 | Wed | 8:53 | 4.0 | 9:14 | 4.6 | 2:49 | -0.2 | 2:56 | -0.2 | 6:21 | 7:54 | ◐ |
| 16 | Thu | 9:42 | 4.1 | 10:01 | 4.4 | 3:33 | -0.2 | 3:47 | 0.0 | 6:22 | 7:53 | ◑ |
| 17 | Fri | 10:32 | 4.1 | 10:48 | 4.1 | 4:18 | -0.1 | 4:40 | 0.2 | 6:23 | 7:52 | ◐ |
| 18 | Sat | 11:20 | 4.1 | 11:33 | 3.8 | 5:03 | 0.1 | 5:35 | 0.4 | 6:24 | 7:51 | ◑ |
| 19 | Sun | | | 12:06 | 4.0 | 5:48 | 0.2 | 6:29 | 0.7 | 6:24 | 7:49 | ◐ |
| 20 | Mon | 12:17 | 3.5 | 12:51 | 3.9 | 6:31 | 0.5 | 7:23 | 0.9 | 6:25 | 7:48 | ◑ |
| 21 | Tue | 1:01 | 3.2 | 1:38 | 3.8 | 7:14 | 0.7 | 8:21 | 1.0 | 6:26 | 7:47 | ◐ |
| 22 | Wed | 1:51 | 3.0 | 2:35 | 3.7 | 8:01 | 0.8 | 9:21 | 1.1 | 6:27 | 7:45 | ◑ |
| 23 | Thu | 2:55 | 2.9 | 3:37 | 3.6 | 8:53 | 1.0 | 10:17 | 1.1 | 6:28 | 7:44 | ◐ |
| 24 | Fri | 4:03 | 2.8 | 4:32 | 3.7 | 9:46 | 1.0 | 11:08 | 1.0 | 6:29 | 7:43 | ◑ |
| 25 | Sat | 4:59 | 2.9 | 5:21 | 3.8 | 10:38 | 1.0 | 11:57 | 0.9 | 6:29 | 7:41 | ◐ |
| 26 | Sun | 5:49 | 3.0 | 6:07 | 3.9 | 11:29 | 0.9 | | | 6:30 | 7:40 | ◑ |
| 27 | Mon | 6:36 | 3.2 | 6:51 | 4.0 | 12:42 | 0.8 | 12:19 | 0.8 | 6:31 | 7:39 | ◐ |
| 28 | Tue | 7:18 | 3.4 | 7:31 | 4.2 | 1:21 | 0.6 | 1:07 | 0.6 | 6:32 | 7:37 | ◑ |
| 29 | Wed | 7:57 | 3.6 | 8:09 | 4.2 | 1:55 | 0.5 | 1:50 | 0.5 | 6:33 | 7:36 | ◐ |
| 30 | Thu | 8:34 | 3.8 | 8:45 | 4.3 | 2:28 | 0.3 | 2:31 | 0.4 | 6:33 | 7:34 | ◑ |
| 31 | Fri | 9:12 | 4.0 | 9:23 | 4.2 | 3:02 | 0.2 | 3:12 | 0.4 | 6:34 | 7:33 | ● |