

































## Virginia Beach (outer coast), VA - Oct 2057

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	10:10	4.8	10:27	4.0	3:47	0.2	4:30	0.3	6:59	6:46	
2	Tue	10:59	4.8	11:18	3.8	4:34	0.3	5:25	0.4	7:00	6:45	
3	Wed	11:51	4.7			5:26	0.4	6:23	0.6	7:01	6:43	
4	Thu	12:11	3.7	12:46	4.6	6:22	0.5	7:25	0.7	7:02	6:42	
5	Fri	1:10	3.5	1:49	4.4	7:24	0.7	8:33	0.8	7:03	6:40	
6	Sat	2:22	3.4	3:05	4.3	8:34	0.7	9:42	0.7	7:04	6:39	
7	Sun	3:44	3.5	4:17	4.3	9:47	0.7	10:44	0.6	7:04	6:38	
8	Mon	4:54	3.7	5:19	4.3	10:54	0.7	11:40	0.5	7:05	6:36	
9	Tue	5:52	4.0	6:14	4.3	11:59	0.5			7:06	6:35	
10	Wed	6:46	4.2	7:05	4.3	12:33	0.4	12:58	0.4	7:07	6:33	
11	Thu	7:32	4.4	7:49	4.3	1:18	0.3	1:48	0.4	7:08	6:32	
12	Fri	8:14	4.6	8:30	4.1	1:58	0.2	2:31	0.3	7:09	6:31	
13	Sat	8:52	4.6	9:08	4.0	2:33	0.2	3:11	0.4	7:10	6:29	
14	Sun	9:30	4.6	9:46	3.8	3:07	0.3	3:50	0.5	7:11	6:28	
15	Mon	10:07	4.4	10:26	3.6	3:42	0.5	4:31	0.7	7:12	6:26	
16	Tue	10:46	4.3	11:08	3.4	4:19	0.7	5:15	0.8	7:12	6:25	
17	Wed	11:27	4.1	11:51	3.3	5:01	0.9	6:01	1.0	7:13	6:24	
18	Thu			12:08	3.9	5:46	1.1	6:48	1.1	7:14	6:22	
19	Fri	12:36	3.1	12:53	3.8	6:34	1.2	7:39	1.2	7:15	6:21	
20	Sat	1:26	3.0	1:44	3.7	7:26	1.3	8:35	1.2	7:16	6:20	
21	Sun	2:29	3.0	2:47	3.6	8:25	1.3	9:30	1.1	7:17	6:19	
22	Mon	3:38	3.1	3:49	3.7	9:26	1.3	10:18	1.0	7:18	6:17	
23	Tue	4:33	3.3	4:42	3.8	10:22	1.1	11:02	0.8	7:19	6:16	
24	Wed	5:19	3.6	5:29	3.9	11:16	0.9	11:46	0.6	7:20	6:15	
25	Thu	6:04	4.0	6:16	4.0			12:09	0.6	7:21	6:14	
26	Fri	6:49	4.3	7:02	4.1	12:30	0.3	1:01	0.4	7:22	6:13	
27	Sat	7:32	4.6	7:48	4.1	1:13	0.1	1:49	0.2	7:23	6:11	
28	Sun	8:16	4.9	8:33	4.1	1:55	0.0	2:36	0.0	7:24	6:10	
29	Mon	9:01	5.0	9:20	4.0	2:38	-0.1	3:23	0.0	7:25	6:09	
30	Tue	9:49	5.0	10:11	3.8	3:23	-0.1	4:15	0.0	7:26	6:08	
31	Wed	10:41	4.9	11:05	3.7	4:12	0.0	5:12	0.2	7:27	6:07	