
































## Virginia Beach (outer coast), VA - Jun 2059

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun			12:29	3.2	6:31	0.0	6:37	0.2	5:46	8:17	
2	Mon	12:49	3.8	1:28	3.3	7:25	0.0	7:43	0.3	5:45	8:18	
3	Tue	1:48	3.6	2:37	3.4	8:22	-0.1	8:54	0.3	5:45	8:18	
4	Wed	2:56	3.4	3:46	3.7	9:19	-0.1	10:04	0.2	5:45	8:19	
5	Thu	4:03	3.3	4:46	3.9	10:13	-0.1	11:09	0.1	5:45	8:20	
6	Fri	5:04	3.2	5:40	4.2	11:05	-0.2			5:44	8:20	
7	Sat	6:02	3.2	6:32	4.3	12:12	0.0	11:58 AM	-0.2	5:44	8:21	
8	Sun	6:57	3.1	7:22	4.4	1:10	-0.2	12:50	-0.2	5:44	8:21	
9	Mon	7:48	3.1	8:08	4.4	2:00	-0.2	1:39	-0.2	5:44	8:22	
10	Tue	8:35	3.1	8:51	4.3	2:44	-0.2	2:24	-0.1	5:44	8:22	
11	Wed	9:20	3.1	9:33	4.1	3:26	-0.2	3:07	0.0	5:44	8:23	
12	Thu	10:05	3.1	10:16	3.9	4:08	0.0	3:50	0.2	5:44	8:23	
13	Fri	10:51	3.0	10:59	3.7	4:52	0.1	4:37	0.4	5:44	8:24	
14	Sat	11:37	2.9	11:41	3.5	5:36	0.2	5:26	0.6	5:44	8:24	
15	Sun			12:21	2.9	6:19	0.3	6:16	0.7	5:44	8:24	
16	Mon	12:22	3.3	1:05	2.9	7:00	0.4	7:07	0.8	5:44	8:25	
17	Tue	1:04	3.1	1:55	2.9	7:41	0.5	8:01	0.9	5:44	8:25	
18	Wed	1:51	2.9	2:50	3.0	8:23	0.5	8:59	0.9	5:44	8:25	
19	Thu	2:46	2.7	3:43	3.2	9:07	0.5	9:55	0.8	5:44	8:26	
20	Fri	3:44	2.7	4:30	3.4	9:51	0.4	10:47	0.6	5:44	8:26	
21	Sat	4:37	2.6	5:14	3.7	10:36	0.4	11:40	0.5	5:45	8:26	
22	Sun	5:28	2.7	5:59	3.9	11:22	0.3			5:45	8:26	
23	Mon	6:19	2.8	6:46	4.1	12:32	0.3	12:12	0.2	5:45	8:26	
24	Tue	7:10	2.9	7:34	4.3	1:21	0.0	1:03	0.0	5:45	8:27	
25	Wed	7:58	3.0	8:21	4.4	2:07	-0.1	1:52	-0.1	5:46	8:27	
26	Thu	8:46	3.1	9:08	4.5	2:51	-0.3	2:40	-0.2	5:46	8:27	
27	Fri	9:36	3.2	9:58	4.4	3:38	-0.3	3:31	-0.2	5:46	8:27	
28	Sat	10:29	3.3	10:50	4.3	4:28	-0.3	4:26	-0.1	5:47	8:27	
29	Sun	11:24	3.4	11:42	4.1	5:20	-0.3	5:27	0.0	5:47	8:27	
30	Mon			12:19	3.5	6:12	-0.3	6:30	0.1	5:48	8:27	