

































## Virginia Beach (outer coast), VA - Aug 2059

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	2:11	3.2	3:04	4.1	8:25	0.1	9:42	0.5	6:09	8:10	
2	Sat	3:23	3.0	4:09	4.1	9:23	0.3	10:46	0.5	6:10	8:09	
3	Sun	4:32	2.9	5:08	4.1	10:21	0.4	11:47	0.5	6:11	8:08	
4	Mon	5:32	2.9	6:03	4.0	11:19	0.4			6:12	8:07	
5	Tue	6:29	3.0	6:54	4.0	12:45	0.5	12:17	0.5	6:13	8:06	
6	Wed	7:19	3.1	7:38	4.0	1:33	0.4	1:10	0.4	6:13	8:05	
7	Thu	8:03	3.2	8:17	4.0	2:12	0.4	1:54	0.4	6:14	8:04	
8	Fri	8:41	3.3	8:51	4.0	2:45	0.3	2:32	0.4	6:15	8:03	
9	Sat	9:18	3.4	9:25	3.9	3:16	0.3	3:07	0.5	6:16	8:02	
10	Sun	9:55	3.5	9:59	3.8	3:46	0.3	3:44	0.6	6:17	8:01	
11	Mon	10:32	3.5	10:35	3.7	4:18	0.4	4:25	0.7	6:18	8:00	
12	Tue	11:10	3.5	11:11	3.5	4:51	0.4	5:08	0.8	6:18	7:59	
13	Wed	11:47	3.6	11:48	3.3	5:27	0.5	5:54	0.9	6:19	7:57	
14	Thu			12:24	3.6	6:04	0.6	6:41	1.0	6:20	7:56	
15	Fri	12:27	3.1	1:05	3.7	6:43	0.7	7:31	1.0	6:21	7:55	
16	Sat	1:11	3.0	1:54	3.7	7:27	0.7	8:28	1.0	6:22	7:54	
17	Sun	2:04	2.8	2:53	3.8	8:19	0.7	9:29	0.9	6:22	7:53	
18	Mon	3:09	2.8	3:55	4.0	9:17	0.7	10:29	0.8	6:23	7:51	
19	Tue	4:16	2.9	4:55	4.2	10:17	0.6	11:27	0.6	6:24	7:50	
20	Wed	5:17	3.1	5:53	4.4	11:18	0.4			6:25	7:49	
21	Thu	6:18	3.4	6:50	4.6	12:26	0.4	12:19	0.2	6:26	7:47	
22	Fri	7:16	3.7	7:43	4.8	1:20	0.1	1:19	0.0	6:27	7:46	
23	Sat	8:10	4.0	8:34	4.8	2:08	-0.2	2:14	-0.2	6:27	7:45	
24	Sun	9:01	4.3	9:23	4.8	2:53	-0.3	3:07	-0.2	6:28	7:43	
25	Mon	9:53	4.5	10:13	4.5	3:39	-0.4	4:03	-0.2	6:29	7:42	
26	Tue	10:46	4.6	11:05	4.2	4:27	-0.3	5:02	0.0	6:30	7:41	
27	Wed	11:39	4.6	11:57	3.9	5:17	-0.2	6:04	0.2	6:31	7:39	
28	Thu			12:33	4.5	6:09	0.0	7:06	0.4	6:31	7:38	
29	Fri	12:50	3.6	1:29	4.4	7:02	0.3	8:13	0.7	6:32	7:36	
30	Sat	1:50	3.3	2:36	4.2	7:59	0.5	9:24	0.8	6:33	7:35	
31	Sun	3:05	3.1	3:49	4.1	9:03	0.7	10:29	0.9	6:34	7:34	