

































## Virginia Beach (outer coast), VA - Mar 2060

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	6:23	4.0	6:43	3.5			12:44	-0.5	6:33	5:58	
2	Tue	7:11	4.2	7:32	3.8	12:51	-0.7	1:27	-0.7	6:31	5:59	
3	Wed	7:57	4.2	8:20	4.0	1:42	-0.9	2:10	-0.9	6:30	6:00	
4	Thu	8:44	4.0	9:10	4.2	2:33	-0.9	2:54	-0.9	6:28	6:01	
5	Fri	9:34	3.8	10:01	4.2	3:27	-0.8	3:42	-0.8	6:27	6:02	
6	Sat	10:24	3.5	10:54	4.1	4:24	-0.5	4:32	-0.6	6:26	6:03	
7	Sun	11:15	3.2	11:48	3.9	5:24	-0.3	5:25	-0.3	6:24	6:04	
8	Mon			12:10	2.9	6:27	0.0	6:23	-0.1	6:23	6:05	
9	Tue	12:50	3.6	1:18	2.6	7:38	0.2	7:29	0.1	6:21	6:06	
10	Wed	2:10	3.4	2:43	2.5	8:52	0.3	8:42	0.2	6:20	6:07	
11	Thu	3:27	3.3	3:54	2.6	9:58	0.4	9:50	0.2	6:18	6:08	
12	Fri	4:31	3.3	4:53	2.8	10:58	0.3	10:53	0.2	6:17	6:09	
13	Sat	5:25	3.4	5:44	2.9	11:50	0.2	11:49	0.1	6:16	6:10	
14	Sun	7:10	3.4	7:27	3.1			1:31	0.1	7:14	7:10	
15	Mon	7:47	3.4	8:04	3.3	1:33	0.0	2:04	0.0	7:13	7:11	
16	Tue	8:20	3.4	8:36	3.4	2:10	0.0	2:31	0.0	7:11	7:12	
17	Wed	8:50	3.4	9:08	3.5	2:42	-0.1	2:56	0.0	7:10	7:13	
18	Thu	9:21	3.3	9:40	3.5	3:13	0.0	3:23	0.0	7:08	7:14	
19	Fri	9:53	3.2	10:13	3.5	3:47	0.0	3:53	0.1	7:07	7:15	
20	Sat	10:27	3.0	10:48	3.5	4:23	0.1	4:25	0.2	7:05	7:16	
21	Sun	11:03	2.9	11:25	3.4	5:04	0.2	5:02	0.3	7:04	7:17	
22	Mon	11:41	2.7			5:47	0.4	5:43	0.4	7:02	7:18	
23	Tue	12:05	3.4	12:22	2.6	6:33	0.5	6:28	0.5	7:01	7:18	
24	Wed	12:50	3.3	1:08	2.5	7:25	0.6	7:21	0.5	6:59	7:19	
25	Thu	1:44	3.3	2:08	2.5	8:25	0.6	8:24	0.5	6:58	7:20	
26	Fri	2:53	3.3	3:21	2.6	9:30	0.5	9:32	0.4	6:56	7:21	
27	Sat	4:04	3.4	4:30	2.8	10:30	0.4	10:37	0.2	6:55	7:22	
28	Sun	5:05	3.6	5:31	3.2	11:27	0.1	11:40	-0.1	6:53	7:23	
29	Mon	6:03	3.8	6:27	3.6			12:21	-0.2	6:52	7:24	
30	Tue	6:57	4.0	7:21	4.0	12:41	-0.4	1:11	-0.5	6:50	7:25	
31	Wed	7:48	4.1	8:10	4.4	1:37	-0.7	1:57	-0.7	6:49	7:25	