






























## Virginia Beach (outer coast), VA - Aug 2060

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	11:59	3.5	11:58	3.3	5:42	0.3	6:06	0.8	6:10	8:10	
2	Mon			12:38	3.5	6:18	0.5	6:53	0.9	6:11	8:09	
3	Tue	12:37	3.1	1:19	3.5	6:55	0.6	7:43	1.0	6:12	8:08	
4	Wed	1:19	2.8	2:06	3.5	7:36	0.7	8:38	1.0	6:12	8:07	
5	Thu	2:10	2.7	3:02	3.5	8:22	0.8	9:36	1.0	6:13	8:06	
6	Fri	3:14	2.6	3:59	3.6	9:14	0.8	10:31	0.9	6:14	8:04	
7	Sat	4:16	2.6	4:52	3.8	10:08	0.8	11:24	0.8	6:15	8:03	
8	Sun	5:12	2.7	5:44	3.9	11:02	0.7			6:16	8:02	
9	Mon	6:06	2.9	6:34	4.1	12:18	0.6	11:57 AM	0.5	6:16	8:01	
10	Tue	6:58	3.1	7:23	4.3	1:07	0.4	12:52	0.3	6:17	8:00	
11	Wed	7:47	3.4	8:08	4.5	1:51	0.2	1:43	0.2	6:18	7:59	
12	Thu	8:32	3.7	8:52	4.5	2:32	0.0	2:32	0.0	6:19	7:58	
13	Fri	9:19	3.9	9:37	4.4	3:12	-0.1	3:21	0.0	6:20	7:57	
14	Sat	10:07	4.1	10:24	4.3	3:55	-0.2	4:13	0.1	6:21	7:55	
15	Sun	10:57	4.3	11:13	4.1	4:40	-0.2	5:11	0.2	6:21	7:54	
16	Mon	11:48	4.4			5:28	-0.1	6:10	0.3	6:22	7:53	
17	Tue	12:03	3.8	12:41	4.4	6:18	0.0	7:12	0.4	6:23	7:52	
18	Wed	12:55	3.5	1:38	4.3	7:10	0.1	8:19	0.6	6:24	7:50	
19	Thu	1:56	3.2	2:46	4.3	8:08	0.3	9:31	0.6	6:25	7:49	
20	Fri	3:11	3.1	3:58	4.2	9:13	0.4	10:38	0.7	6:26	7:48	
21	Sat	4:26	3.1	5:04	4.2	10:18	0.5	11:42	0.6	6:26	7:46	
22	Sun	5:31	3.2	6:03	4.2	11:22	0.5			6:27	7:45	
23	Mon	6:31	3.3	6:57	4.3	12:41	0.5	12:25	0.5	6:28	7:44	
24	Tue	7:23	3.5	7:43	4.3	1:30	0.4	1:21	0.4	6:29	7:42	
25	Wed	8:08	3.7	8:23	4.2	2:11	0.4	2:07	0.4	6:30	7:41	
26	Thu	8:48	3.8	8:58	4.1	2:45	0.3	2:46	0.4	6:30	7:40	
27	Fri	9:25	3.9	9:33	4.0	3:16	0.3	3:24	0.5	6:31	7:38	
28	Sat	10:02	3.9	10:08	3.8	3:46	0.4	4:03	0.7	6:32	7:37	
29	Sun	10:39	3.9	10:44	3.6	4:18	0.5	4:44	0.8	6:33	7:35	
30	Mon	11:16	3.9	11:21	3.4	4:52	0.6	5:27	0.9	6:34	7:34	
31	Tue	11:53	3.9			5:29	0.8	6:12	1.0	6:34	7:32	