

































Virginia Beach (outer coast), VA - Mar 2024

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	5:39	3.9	6:03	3.4			12:03	-0.4	6:33	5:58	
2	Sun	6:31	4.1	6:55	3.8	12:11	-0.7	12:50	-0.7	6:31	5:59	
3	Mon	7:20	4.1	7:44	4.1	1:05	-0.9	1:34	-0.9	6:30	6:00	
4	Tue	8:07	4.1	8:33	4.3	1:56	-1.0	2:18	-0.9	6:28	6:01	
5	Wed	8:55	3.9	9:24	4.3	2:48	-0.9	3:03	-0.9	6:27	6:02	
6	Thu	9:45	3.6	10:16	4.2	3:43	-0.7	3:52	-0.7	6:26	6:03	
7	Fri	10:36	3.3	11:09	4.0	4:41	-0.4	4:45	-0.4	6:24	6:04	
8	Sat	11:28	3.0			5:40	-0.1	5:41	-0.2	6:23	6:05	
9	Sun	12:05	3.7	1:25	2.7	7:44	0.1	7:42	0.1	7:21	7:06	
10	Mon	2:13	3.4	2:40	2.5	8:56	0.4	8:54	0.3	7:20	7:07	
11	Tue	3:35	3.2	4:05	2.5	10:07	0.5	10:07	0.3	7:18	7:08	
12	Wed	4:44	3.2	5:09	2.6	11:08	0.5	11:11	0.3	7:17	7:09	
13	Thu	5:41	3.2	6:03	2.8			12:02	0.4	7:16	7:10	
14	Fri	6:29	3.3	6:49	3.0	12:09	0.2	12:48	0.3	7:14	7:10	
15	Sat	7:10	3.3	7:27	3.2	12:59	0.2	1:24	0.2	7:13	7:11	
16	Sun	7:45	3.3	8:01	3.4	1:39	0.1	1:54	0.1	7:11	7:12	
17	Mon	8:17	3.3	8:32	3.5	2:12	0.0	2:20	0.0	7:10	7:13	
18	Tue	8:47	3.3	9:02	3.6	2:42	0.0	2:46	0.0	7:08	7:14	
19	Wed	9:18	3.2	9:33	3.6	3:14	0.0	3:14	0.0	7:07	7:15	
20	Thu	9:51	3.1	10:06	3.6	3:47	0.0	3:46	0.1	7:05	7:16	
21	Fri	10:26	3.0	10:42	3.6	4:24	0.1	4:20	0.2	7:04	7:17	
22	Sat	11:03	2.8	11:22	3.5	5:05	0.3	5:00	0.3	7:02	7:18	
23	Sun	11:43	2.7			5:50	0.4	5:44	0.4	7:01	7:18	
24	Mon	12:05	3.4	12:27	2.6	6:38	0.5	6:34	0.4	6:59	7:19	
25	Tue	12:54	3.4	1:18	2.6	7:33	0.5	7:32	0.4	6:58	7:20	
26	Wed	1:53	3.3	2:24	2.6	8:36	0.5	8:38	0.4	6:56	7:21	
27	Thu	3:04	3.4	3:39	2.8	9:41	0.4	9:47	0.2	6:55	7:22	
28	Fri	4:13	3.5	4:45	3.1	10:40	0.2	10:52	0.0	6:53	7:23	
29	Sat	5:15	3.7	5:45	3.5	11:35	-0.1	11:56	-0.3	6:52	7:24	
30	Sun	6:12	3.8	6:41	4.0			12:29	-0.3	6:50	7:25	
31	Mon	7:07	3.9	7:34	4.4	12:57	-0.5	1:19	-0.6	6:49	7:26	