

































Virginia Beach (outer coast), VA - Mar 2068

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	4:57	3.9	5:20	3.4	11:17	-0.4	11:32	-0.7	6:32	5:58	
2	Fri	5:54	4.1	6:17	3.8			12:11	-0.7	6:31	5:59	
3	Sat	6:47	4.2	7:09	4.1	12:31	-0.9	1:00	-0.9	6:30	6:00	
4	Sun	7:36	4.2	7:59	4.3	1:24	-1.0	1:46	-1.0	6:28	6:01	
5	Mon	8:25	4.1	8:50	4.4	2:15	-1.0	2:33	-1.0	6:27	6:02	
6	Tue	9:15	3.9	9:41	4.3	3:08	-0.9	3:21	-0.8	6:26	6:03	
7	Wed	10:06	3.6	10:34	4.1	4:04	-0.6	4:13	-0.6	6:24	6:04	
8	Thu	10:57	3.3	11:27	3.8	5:02	-0.3	5:07	-0.3	6:23	6:05	
9	Fri	11:49	3.0			6:01	0.0	6:03	-0.1	6:21	6:06	
10	Sat	12:24	3.5	12:49	2.8	7:05	0.2	7:05	0.2	6:20	6:07	
11	Sun	1:34	3.3	3:06	2.6	9:15	0.4	9:14	0.3	7:18	7:08	
12	Mon	3:51	3.1	4:19	2.7	10:19	0.5	10:20	0.4	7:17	7:09	
13	Tue	4:53	3.1	5:16	2.8	11:15	0.4	11:18	0.3	7:15	7:10	
14	Wed	5:45	3.1	6:05	2.9			12:04	0.4	7:14	7:10	
15	Thu	6:29	3.2	6:48	3.1	12:11	0.3	12:47	0.3	7:13	7:11	
16	Fri	7:09	3.3	7:26	3.3	12:56	0.2	1:22	0.2	7:11	7:12	
17	Sat	7:43	3.3	8:00	3.4	1:34	0.1	1:51	0.1	7:10	7:13	
18	Sun	8:15	3.3	8:31	3.6	2:07	0.0	2:19	0.0	7:08	7:14	
19	Mon	8:47	3.3	9:03	3.6	2:39	-0.1	2:47	0.0	7:07	7:15	
20	Tue	9:19	3.3	9:36	3.7	3:12	-0.1	3:18	0.0	7:05	7:16	
21	Wed	9:52	3.2	10:12	3.7	3:48	0.0	3:52	0.0	7:04	7:17	
22	Thu	10:29	3.1	10:51	3.6	4:27	0.0	4:30	0.1	7:02	7:18	
23	Fri	11:09	3.0	11:33	3.6	5:11	0.1	5:13	0.2	7:01	7:19	
24	Sat	11:52	2.9			5:58	0.2	6:01	0.2	6:59	7:19	
25	Sun	12:19	3.5	12:39	2.9	6:49	0.3	6:54	0.3	6:58	7:20	
26	Mon	1:11	3.5	1:35	2.8	7:46	0.3	7:55	0.3	6:56	7:21	
27	Tue	2:13	3.5	2:44	2.9	8:49	0.3	9:03	0.2	6:55	7:22	
28	Wed	3:25	3.5	3:56	3.2	9:51	0.1	10:11	0.0	6:53	7:23	
29	Thu	4:32	3.6	5:01	3.5	10:50	-0.1	11:16	-0.2	6:52	7:24	
30	Fri	5:33	3.8	6:01	3.9	11:47	-0.3			6:50	7:25	
31	Sat	6:32	3.9	6:58	4.2	12:19	-0.5	12:43	-0.5	6:49	7:26	