US HARBORS www.USHarbors.com

Virginia Beach (outer coast), VA - Mar 2068

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	**4:57**	3.9	**5:20**	3.4	**11:17**	-0.4	**11:32**	-0.7	6:32	5:58	
2	Fri	**5:54**	4.1	**6:17**	3.8			**12:11**	-0.7	6:31	5:59	
3	Sat	**6:47**	4.2	**7:09**	4.1	**12:31**	-0.9	**1:00**	-0.9	6:30	6:00	
4	Sun	**7:36**	4.2	**7:59**	4.3	**1:24**	-1.0	**1:46**	-1.0	6:28	6:01	
5	Mon	**8:25**	4.1	**8:50**	4.4	**2:15**	-1.0	**2:33**	-1.0	6:27	6:02	
6	Tue	**9:15**	3.9	**9:41**	4.3	**3:08**	-0.9	**3:21**	-0.8	6:26	6:03	
7	Wed	**10:06**	3.6	**10:34**	4.1	**4:04**	-0.6	**4:13**	-0.6	6:24	6:04	
8	Thu	**10:57**	3.3	**11:27**	3.8	**5:02**	-0.3	**5:07**	-0.3	6:23	6:05	
9	Fri	**11:49**	3.0			**6:01**	0.0	**6:03**	-0.1	6:21	6:06	
10	Sat	**12:24**	3.5	**12:49**	2.8	**7:05**	0.2	**7:05**	0.2	6:20	6:07	
11	Sun	**1:34**	3.3	**3:06**	2.6	**9:15**	0.4	**9:14**	0.3	7:18	7:08	
12	Mon	**3:51**	3.1	**4:19**	2.7	**10:19**	0.5	**10:20**	0.4	7:17	7:09	
13	Tue	**4:53**	3.1	**5:16**	2.8	**11:15**	0.4	**11:18**	0.3	7:15	7:10	
14	Wed	**5:45**	3.1	**6:05**	2.9			**12:04**	0.4	7:14	7:10	
15	Thu	**6:29**	3.2	**6:48**	3.1	**12:11**	0.3	**12:47**	0.3	7:13	7:11	
16	Fri	**7:09**	3.3	**7:26**	3.3	**12:56**	0.2	**1:22**	0.2	7:11	7:12	
17	Sat	**7:43**	3.3	**8:00**	3.4	**1:34**	0.1	**1:51**	0.1	7:10	7:13	
18	Sun	**8:15**	3.3	**8:31**	3.6	**2:07**	0.0	**2:19**	0.0	7:08	7:14	
19	Mon	**8:47**	3.3	**9:03**	3.6	**2:39**	-0.1	**2:47**	0.0	7:07	7:15	
20	Tue	**9:19**	3.3	**9:36**	3.7	**3:12**	-0.1	**3:18**	0.0	7:05	7:16	
21	Wed	**9:52**	3.2	**10:12**	3.7	**3:48**	0.0	**3:52**	0.0	7:04	7:17	
22	Thu	**10:29**	3.1	**10:51**	3.6	**4:27**	0.0	**4:30**	0.1	7:02	7:18	
23	Fri	**11:09**	3.0	**11:33**	3.6	**5:11**	0.1	**5:13**	0.2	7:01	7:19	
24	Sat	**11:52**	2.9			**5:58**	0.2	**6:01**	0.2	6:59	7:19	
25	Sun	**12:19**	3.5	**12:39**	2.9	**6:49**	0.3	**6:54**	0.3	6:58	7:20	
26	Mon	**1:11**	3.5	**1:35**	2.8	**7:46**	0.3	**7:55**	0.3	6:56	7:21	
27	Tue	**2:13**	3.5	**2:44**	2.9	**8:49**	0.3	**9:03**	0.2	6:55	7:22	
28	Wed	**3:25**	3.5	**3:56**	3.2	**9:51**	0.1	**10:11**	0.0	6:53	7:23	
29	Thu	**4:32**	3.6	**5:01**	3.5	**10:50**	-0.1	**11:16**	-0.2	6:52	7:24	
30	Fri	**5:33**	3.8	**6:01**	3.9	**11:47**	-0.3			6:50	7:25	
31	Sat	**6:32**	3.9	**6:58**	4.2	**12:19**	-0.5	**12:43**	-0.5	6:49	7:26	