US HARBORS www.USHarbors.com

Virginia Beach (outer coast), VA - Jul 2068

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	9:44	3.3	9:53	3.9	3:42	-0.1	3:34	0.2	5:49	8:27	
2	Mon	10:27	3.3	10:32	3.7	4:19	0.0	4:17	0.3	5:49	8:27	
3	Tue	11:10	3.3	11:10	3.5	4:58	0.1	5:03	0.5	5:50	8:26	
4	Wed	11:50	3.3	11:48	3.3	5:36	0.2	5:49	0.6	5:50	8:26	
5	Thu			12:30	3.3	6:13	0.3	6:36	0.7	5:51	8:26	
6	Fri	12:27	3.1	1:11	3.3	6:51	0.3	7:25	0.8	5:51	8:26	
7	Sat	1:09	2.9	1:57	3.3	7:32	0.4	8:18	0.8	5:52	8:25	
8	Sun	1:57	2.7	2:51	3.4	8:17	0.5	9:15	0.8	5:52	8:25	
9	Mon	2:55	2.6	3:46	3.5	9:07	0.5	10:10	0.7	5:53	8:25	
10	Tue	3:56	2.6	4:38	3.7	9:58	0.4	11:04	0.6	5:54	8:24	
11	Wed	4:52	2.7	5:28	3.9	10:50	0.3	11:58	0.4	5:54	8:24	
12	Thu	5:47	2.8	6:20	4.1	11:44	0.2			5:55	8:24	
13	Fri	6:42	3.0	7:10	4.3	12:51	0.1	12:40	0.0	5:56	8:23	
14	Sat	7:35	3.3	7:58	4.4	1:39	-0.1	1:34	-0.2	5:56	8:23	
15	Sun	8:24	3.5	8:45	4.5	2:24	-0.3	2:24	-0.3	5:57	8:22	
16	Mon	9:13	3.7	9:33	4.5	3:08	-0.5	3:15	-0.3	5:58	8:22	
17	Tue	10:05	3.9	10:23	4.3	3:54	-0.5	4:09	-0.3	5:58	8:21	
18	Wed	10:58	4.1	11:14	4.1	4:43	-0.5	5:07	-0.1	5:59	8:21	
19	Thu	11:52	4.1			5:34	-0.5	6:08	0.0	6:00	8:20	
20	Fri	12:06	3.8	12:46	4.1	6:26	-0.4	7:11	0.2	6:01	8:19	
21	Sat	12:59	3.5	1:44	4.1	7:19	-0.2	8:18	0.3	6:01	8:19	
22	Sun	1:59	3.2	2:52	4.1	8:16	-0.1	9:28	0.4	6:02	8:18	
23	Mon	3:10	3.0	4:00	4.0	9:17	0.1	10:34	0.4	6:03	8:17	
24	Tue	4:22	3.0	5:02	4.1	10:17	0.2	11:36	0.4	6:04	8:16	
25	Wed	5:25	3.0	5:58	4.1	11:17	0.2			6:04	8:16	
26	Thu	6:23	3.1	6:50	4.1	12:35	0.3	12:16	0.2	6:05	8:15	
27	Fri	7:16	3.2	7:35	4.1	1:25	0.2	1:10	0.2	6:06	8:14	
28	Sat	8:01	3.4	8:15	4.0	2:06	0.1	1:56	0.2	6:07	8:13	
29	Sun	8:41	3.5	8:51	4.0	2:41	0.1	2:35	0.3	6:08	8:12	
30	Mon	9:19	3.5	9:25	3.9	3:13	0.1	3:12	0.3	6:08	8:11	
31	Tue	9:56	3.6	10:00	3.7	3:44	0.1	3:49	0.5	6:09	8:10	