US HARBORS www.USHarbors.com

Virginia Beach (outer coast), VA - Mar 2069

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	2:05	3.4	2:35	2.8	8:40	0.1	8:41	0.0	6:33	5:58	
2	Sat	3:20	3.4	3:46	2.8	9:46	0.2	9:47	0.0	6:31	5:59	
3	Sun	4:23	3.4	4:45	2.9	10:46	0.1	10:50	-0.1	6:30	6:00	
4	Mon	5:18	3.4	5:38	3.1	11:39	0.0	11:46	-0.1	6:29	6:01	
5	Tue	6:05	3.5	6:23	3.3			12:24	-0.1	6:27	6:02	
6	Wed	6:45	3.5	7:02	3.4	12:32	-0.2	1:00	-0.2	6:26	6:03	
7	Thu	7:19	3.5	7:36	3.5	1:10	-0.2	1:30	-0.2	6:24	6:04	
8	Fri	7:51	3.4	8:09	3.5	1:43	-0.2	1:58	-0.2	6:23	6:05	
9	Sat	8:23	3.4	8:43	3.5	2:15	-0.2	2:27	-0.1	6:22	6:06	
10	Sun	9:57	3.2	10:17	3.5	3:49	-0.1	3:59	0.0	7:20	7:07	
11	Mon	10:32	3.1	10:54	3.4	4:26	0.0	4:34	0.1	7:19	7:08	
12	Tue	11:09	3.0	11:32	3.3	5:06	0.2	5:13	0.2	7:17	7:08	
13	Wed	11:47	2.8			5:50	0.3	5:55	0.3	7:16	7:09	
14	Thu	12:12	3.3	12:28	2.7	6:36	0.4	6:40	0.4	7:14	7:10	
15	Fri	12:57	3.2	1:14	2.6	7:26	0.5	7:32	0.4	7:13	7:11	
16	Sat	1:50	3.1	2:12	2.6	8:23	0.5	8:32	0.4	7:11	7:12	
17	Sun	2:55	3.2	3:21	2.7	9:24	0.4	9:35	0.3	7:10	7:13	
18	Mon	4:01	3.3	4:25	2.9	10:22	0.3	10:36	0.1	7:08	7:14	
19	Tue	5:00	3.5	5:24	3.3	11:17	0.0	11:37	-0.2	7:07	7:15	
20	Wed	5:56	3.7	6:20	3.7			12:11	-0.3	7:06	7:16	
21	Thu	6:51	3.9	7:14	4.0	12:36	-0.5	1:03	-0.5	7:04	7:17	
22	Fri	7:42	4.0	8:04	4.3	1:32	-0.7	1:52	-0.8	7:03	7:17	
23	Sat	8:31	4.1	8:53	4.5	2:23	-0.9	2:38	-0.9	7:01	7:18	
24	Sun	9:20	4.0	9:44	4.6	3:13	-0.9	3:25	-0.9	7:00	7:19	
25	Mon	10:11	3.9	10:36	4.5	4:06	-0.8	4:15	-0.7	6:58	7:20	
26	Tue	11:04	3.7	11:31	4.3	5:02	-0.6	5:09	-0.5	6:57	7:21	
27	Wed	11:58	3.4			6:01	-0.3	6:07	-0.3	6:55	7:22	
28	Thu	12:26	4.0	12:55	3.2	7:02	-0.1	7:08	0.0	6:54	7:23	
29	Fri	1:26	3.7	2:01	3.0	8:08	0.1	8:16	0.2	6:52	7:24	
30	Sat	2:40	3.4	3:21	3.0	9:17	0.3	9:29	0.3	6:51	7:24	
31	Sun	3:57	3.3	4:30	3.1	10:20	0.3	10:36	0.3	6:49	7:25	