US HARBORS www.USHarbors.com

Virginia Beach (outer coast), VA - Jul 2069

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	**6:01**	2.7	**6:27**	3.8	**12:12**	0.5	**11:48 AM**	0.4	5:48	8:27	
2	Tue	**6:49**	2.8	**7:10**	3.9	**12:58**	0.3	**12:37**	0.3	5:49	8:27	
3	Wed	**7:33**	2.9	**7:51**	4.0	**1:39**	0.2	**1:23**	0.2	5:49	8:26	
4	Thu	**8:15**	3.1	**8:30**	4.1	**2:16**	0.0	**2:07**	0.1	5:50	8:26	
5	Fri	**8:55**	3.2	**9:10**	4.1	**2:53**	-0.1	**2:49**	0.0	5:50	8:26	
6	Sat	**9:38**	3.4	**9:52**	4.1	**3:32**	-0.2	**3:34**	0.0	5:51	8:26	
7	Sun	**10:23**	3.5	**10:37**	4.0	**4:14**	-0.2	**4:23**	0.1	5:52	8:26	
8	Mon	**11:11**	3.6	**11:24**	3.8	**4:59**	-0.3	**5:17**	0.2	5:52	8:25	
9	Tue			**12:00**	3.8	**5:47**	-0.3	**6:14**	0.2	5:53	8:25	
10	Wed	**12:12**	3.7	**12:51**	3.9	**6:35**	-0.3	**7:13**	0.3	5:53	8:25	
11	Thu	**1:03**	3.5	**1:47**	3.9	**7:27**	-0.2	**8:17**	0.3	5:54	8:24	
12	Fri	**2:02**	3.3	**2:52**	4.0	**8:23**	-0.2	**9:25**	0.3	5:55	8:24	
13	Sat	**3:11**	3.1	**3:59**	4.1	**9:23**	-0.1	**10:31**	0.2	5:55	8:23	
14	Sun	**4:21**	3.1	**5:02**	4.2	**10:23**	-0.1	**11:35**	0.1	5:56	8:23	
15	Mon	**5:26**	3.2	**6:01**	4.3	**11:24**	-0.1			5:57	8:22	
16	Tue	**6:29**	3.3	**6:59**	4.4	**12:38**	0.0	**12:26**	-0.2	5:57	8:22	
17	Wed	**7:27**	3.4	**7:50**	4.4	**1:33**	-0.2	**1:24**	-0.2	5:58	8:21	
18	Thu	**8:19**	3.6	**8:37**	4.4	**2:21**	-0.3	**2:16**	-0.2	5:59	8:21	
19	Fri	**9:06**	3.7	**9:21**	4.2	**3:04**	-0.3	**3:03**	-0.1	6:00	8:20	
20	Sat	**9:52**	3.7	**10:03**	4.0	**3:45**	-0.2	**3:49**	0.1	6:00	8:19	
21	Sun	**10:38**	3.7	**10:45**	3.8	**4:26**	-0.1	**4:37**	0.3	6:01	8:19	
22	Mon	**11:22**	3.6	**11:26**	3.5	**5:07**	0.0	**5:26**	0.5	6:02	8:18	
23	Tue			**12:04**	3.6	**5:47**	0.2	**6:14**	0.6	6:03	8:17	
24	Wed	**12:05**	3.3	**12:45**	3.5	**6:26**	0.3	**7:01**	0.8	6:03	8:17	
25	Thu	**12:45**	3.1	**1:29**	3.5	**7:06**	0.5	**7:52**	0.9	6:04	8:16	
26	Fri	**1:29**	2.9	**2:20**	3.4	**7:50**	0.6	**8:48**	0.9	6:05	8:15	
27	Sat	**2:23**	2.7	**3:18**	3.4	**8:38**	0.7	**9:44**	0.9	6:06	8:14	
28	Sun	**3:27**	2.7	**4:12**	3.5	**9:30**	0.7	**10:36**	0.8	6:07	8:13	
29	Mon	**4:26**	2.7	**5:02**	3.7	**10:21**	0.6	**11:27**	0.7	6:07	8:13	
30	Tue	**5:20**	2.8	**5:50**	3.8	**11:12**	0.5			6:08	8:12	
31	Wed	**6:11**	3.0	**6:37**	4.0	**12:17**	0.5	**12:04**	0.4	6:09	8:11	