US HARBORS www.USHarbors.com

Virginia Beach (outer coast), VA - Aug 2069

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	7:00	3.2	7:22	4.2	1:04	0.3	12:56	0.3	6:10	8:10	
2	Fri	7:46	3.4	8:05	4.3	1:46	0.1	1:45	0.1	6:11	8:09	
3	Sat	8:30	3.7	8:47	4.3	2:25	-0.1	2:31	0.0	6:11	8:08	
4	Sun	9:14	3.9	9:31	4.3	3:05	-0.2	3:18	0.0	6:12	8:07	
5	Mon	10:01	4.1	10:17	4.2	3:47	-0.3	4:08	0.0	6:13	8:06	
6	Tue	10:50	4.2	11:06	4.0	4:33	-0.3	5:03	0.1	6:14	8:05	
7	Wed	11:41	4.3	11:56	3.8	5:22	-0.2	6:01	0.2	6:15	8:04	
8	Thu			12:33	4.3	6:13	-0.2	7:01	0.3	6:16	8:03	
9	Fri	12:48	3.6	1:30	4.2	7:07	0.0	8:05	0.4	6:16	8:01	
10	Sat	1:48	3.4	2:37	4.2	8:06	0.1	9:15	0.5	6:17	8:00	
11	Sun	3:00	3.2	3:49	4.2	9:10	0.2	10:22	0.5	6:18	7:59	
12	Mon	4:14	3.2	4:54	4.2	10:14	0.2	11:25	0.4	6:19	7:58	
13	Tue	5:20	3.4	5:53	4.3	11:17	0.2			6:20	7:57	
14	Wed	6:21	3.5	6:48	4.3	12:25	0.3	12:19	0.2	6:20	7:56	
15	Thu	7:16	3.7	7:36	4.3	1:18	0.2	1:16	0.2	6:21	7:54	
16	Fri	8:03	3.8	8:19	4.3	2:02	0.1	2:05	0.2	6:22	7:53	
17	Sat	8:45	4.0	8:57	4.2	2:40	0.0	2:47	0.2	6:23	7:52	
18	Sun	9:25	4.0	9:34	4.0	3:14	0.1	3:27	0.3	6:24	7:51	
19	Mon	10:05	4.0	10:12	3.8	3:48	0.2	4:07	0.5	6:25	7:49	
20	Tue	10:44	3.9	10:50	3.6	4:24	0.3	4:49	0.6	6:25	7:48	
21	Wed	11:23	3.9	11:29	3.4	5:01	0.5	5:34	0.8	6:26	7:47	
22	Thu			12:02	3.8	5:40	0.6	6:19	0.9	6:27	7:45	
23	Fri	12:08	3.3	12:43	3.7	6:21	0.8	7:06	1.0	6:28	7:44	
24	Sat	12:50	3.1	1:28	3.7	7:04	0.9	7:58	1.1	6:29	7:43	
25	Sun	1:38	3.0	2:22	3.6	7:53	1.0	8:55	1.1	6:29	7:41	
26	Mon	2:38	2.9	3:23	3.7	8:48	1.0	9:51	1.1	6:30	7:40	
27	Tue	3:44	3.0	4:21	3.8	9:45	0.9	10:43	0.9	6:31	7:38	
28	Wed	4:42	3.1	5:12	4.0	10:40	0.8	11:34	0.7	6:32	7:37	
29	Thu	5:35	3.4	6:02	4.2	11:35	0.6			6:33	7:36	
30	Fri	6:27	3.7	6:51	4.4	12:24	0.5	12:31	0.4	6:34	7:34	
31	Sat	7:17	4.0	7:38	4.5	1:10	0.2	1:24	0.2	6:34	7:33	