



Virginia Beach (outer coast), VA - Sep 2069

| Date | | High | | | | Low | | | |  | |  |
|------|-----|-------|-----|-------|-----|-------|------|-------|------|---|------|---|
| | | AM | ft | PM | ft | AM | ft | PM | ft | Rise | Set | Moon |
| 1 | Sun | 8:04 | 4.3 | 8:23 | 4.5 | 1:54 | 0.0 | 2:13 | 0.0 | 6:35 | 7:31 | ☉ |
| 2 | Mon | 8:50 | 4.6 | 9:09 | 4.5 | 2:37 | -0.2 | 3:02 | -0.1 | 6:36 | 7:30 | ☉ |
| 3 | Tue | 9:38 | 4.8 | 9:57 | 4.4 | 3:20 | -0.3 | 3:53 | 0.0 | 6:37 | 7:28 | ☉ |
| 4 | Wed | 10:28 | 4.8 | 10:49 | 4.2 | 4:07 | -0.2 | 4:48 | 0.1 | 6:38 | 7:27 | ☉ |
| 5 | Thu | 11:22 | 4.8 | 11:42 | 4.0 | 4:58 | -0.1 | 5:47 | 0.3 | 6:38 | 7:25 | ☾ |
| 6 | Fri | | | 12:16 | 4.7 | 5:53 | 0.1 | 6:48 | 0.4 | 6:39 | 7:24 | ☾ |
| 7 | Sat | 12:37 | 3.8 | 1:14 | 4.5 | 6:50 | 0.3 | 7:54 | 0.6 | 6:40 | 7:22 | ☾ |
| 8 | Sun | 1:38 | 3.6 | 2:22 | 4.3 | 7:53 | 0.4 | 9:05 | 0.7 | 6:41 | 7:21 | ☾ |
| 9 | Mon | 2:55 | 3.5 | 3:38 | 4.2 | 9:02 | 0.6 | 10:11 | 0.7 | 6:42 | 7:19 | ☾ |
| 10 | Tue | 4:11 | 3.5 | 4:45 | 4.2 | 10:10 | 0.6 | 11:11 | 0.6 | 6:42 | 7:18 | ☾ |
| 11 | Wed | 5:15 | 3.7 | 5:41 | 4.2 | 11:13 | 0.6 | | | 6:43 | 7:16 | ☾ |
| 12 | Thu | 6:10 | 3.8 | 6:33 | 4.2 | 12:06 | 0.6 | 12:14 | 0.6 | 6:44 | 7:15 | ☾ |
| 13 | Fri | 7:00 | 4.0 | 7:17 | 4.2 | 12:55 | 0.5 | 1:07 | 0.5 | 6:45 | 7:13 | ☾ |
| 14 | Sat | 7:43 | 4.2 | 7:57 | 4.1 | 1:36 | 0.4 | 1:52 | 0.5 | 6:46 | 7:12 | ☾ |
| 15 | Sun | 8:21 | 4.3 | 8:32 | 4.1 | 2:10 | 0.4 | 2:29 | 0.5 | 6:46 | 7:10 | ☾ |
| 16 | Mon | 8:56 | 4.3 | 9:06 | 4.0 | 2:41 | 0.4 | 3:04 | 0.6 | 6:47 | 7:09 | ☾ |
| 17 | Tue | 9:31 | 4.3 | 9:40 | 3.8 | 3:11 | 0.5 | 3:39 | 0.7 | 6:48 | 7:07 | ☾ |
| 18 | Wed | 10:06 | 4.2 | 10:17 | 3.7 | 3:43 | 0.6 | 4:16 | 0.8 | 6:49 | 7:06 | ☾ |
| 19 | Thu | 10:44 | 4.2 | 10:56 | 3.5 | 4:18 | 0.7 | 4:57 | 0.9 | 6:50 | 7:04 | ☾ |
| 20 | Fri | 11:23 | 4.1 | 11:36 | 3.4 | 4:57 | 0.9 | 5:42 | 1.0 | 6:50 | 7:03 | ☾ |
| 21 | Sat | | | 12:03 | 4.0 | 5:40 | 1.0 | 6:28 | 1.1 | 6:51 | 7:01 | ☾ |
| 22 | Sun | 12:18 | 3.3 | 12:46 | 3.9 | 6:25 | 1.1 | 7:17 | 1.2 | 6:52 | 7:00 | ☾ |
| 23 | Mon | 1:03 | 3.2 | 1:35 | 3.8 | 7:15 | 1.2 | 8:11 | 1.2 | 6:53 | 6:58 | ☾ |
| 24 | Tue | 1:58 | 3.1 | 2:34 | 3.8 | 8:11 | 1.2 | 9:09 | 1.1 | 6:54 | 6:57 | ☾ |
| 25 | Wed | 3:04 | 3.2 | 3:37 | 3.9 | 9:12 | 1.1 | 10:03 | 0.9 | 6:54 | 6:55 | ☾ |
| 26 | Thu | 4:08 | 3.5 | 4:34 | 4.1 | 10:12 | 0.9 | 10:54 | 0.7 | 6:55 | 6:54 | ☾ |
| 27 | Fri | 5:03 | 3.8 | 5:27 | 4.2 | 11:10 | 0.7 | 11:44 | 0.5 | 6:56 | 6:52 | ☉ |
| 28 | Sat | 5:56 | 4.1 | 6:19 | 4.4 | | | 12:07 | 0.4 | 6:57 | 6:51 | ☉ |
| 29 | Sun | 6:48 | 4.5 | 7:10 | 4.5 | 12:34 | 0.2 | 1:03 | 0.2 | 6:58 | 6:49 | ☉ |
| 30 | Mon | 7:38 | 4.9 | 8:00 | 4.6 | 1:22 | -0.1 | 1:56 | 0.0 | 6:59 | 6:48 | ☉ |