US HARBORS www.USHarbors.com

Virginia Beach (outer coast), VA - Jan 2070

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	10:44	3.6	11:20	3.2	4:34	-0.1	5:14	-0.3	7:16	4:58	
2	Thu	11:28	3.2			5:29	0.1	6:01	-0.1	7:16	4:59	
3	Fri	12:11	3.1	12:14	2.9	6:25	0.3	6:48	0.0	7:16	5:00	
4	Sat	1:07	3.0	1:06	2.7	7:26	0.5	7:37	0.1	7:16	5:01	
5	Sun	2:10	3.0	2:09	2.5	8:28	0.5	8:26	0.2	7:16	5:01	
6	Mon	3:07	3.0	3:10	2.4	9:24	0.5	9:13	0.2	7:16	5:02	
7	Tue	3:56	3.1	4:03	2.4	10:16	0.5	9:58	0.2	7:16	5:03	
8	Wed	4:42	3.2	4:51	2.5	11:06	0.3	10:45	0.1	7:16	5:04	
9	Thu	5:25	3.4	5:38	2.6	11:51	0.2	11:31	0.0	7:16	5:05	
10	Fri	6:07	3.5	6:21	2.7			12:30	0.0	7:16	5:06	
11	Sat	6:45	3.6	7:00	2.8	12:15	-0.2	1:05	-0.2	7:16	5:07	
12	Sun	7:21	3.7	7:38	2.9	12:55	-0.3	1:39	-0.3	7:16	5:08	
13	Mon	7:58	3.8	8:16	3.0	1:34	-0.3	2:15	-0.4	7:15	5:09	
14	Tue	8:35	3.7	8:57	3.1	2:14	-0.3	2:53	-0.4	7:15	5:10	
15	Wed	9:16	3.7	9:42	3.2	2:58	-0.3	3:34	-0.5	7:15	5:11	
16	Thu	9:59	3.5	10:28	3.3	3:46	-0.2	4:19	-0.5	7:14	5:12	
17	Fri	10:44	3.4	11:17	3.3	4:39	-0.2	5:07	-0.5	7:14	5:13	
18	Sat	11:32	3.2			5:35	-0.1	5:57	-0.5	7:14	5:14	
19	Sun	12:10	3.4	12:26	3.0	6:36	0.0	6:52	-0.4	7:13	5:15	
20	Mon	1:12	3.4	1:30	2.8	7:43	0.0	7:52	-0.4	7:13	5:16	
21	Tue	2:22	3.5	2:43	2.8	8:52	0.0	8:55	-0.5	7:12	5:17	
22	Wed	3:31	3.7	3:51	2.9	9:58	-0.2	9:57	-0.6	7:12	5:18	
23	Thu	4:34	3.9	4:56	3.0	11:03	-0.3	10:59	-0.7	7:11	5:19	
24	Fri	5:34	4.0	5:57	3.2			12:04	-0.5	7:11	5:20	
25	Sat	6:29	4.1	6:52	3.3	12:00	-0.8	12:56	-0.7	7:10	5:21	
26	Sun	7:18	4.1	7:41	3.4	12:54	-0.9	1:41	-0.8	7:09	5:22	
27	Mon	8:03	4.0	8:27	3.5	1:43	-0.8	2:24	-0.8	7:09	5:24	
28	Tue	8:47	3.9	9:14	3.4	2:29	-0.7	3:06	-0.7	7:08	5:25	
29	Wed	9:30	3.6	9:59	3.4	3:16	-0.5	3:49	-0.5	7:07	5:26	
30	Thu	10:11	3.3	10:44	3.2	4:04	-0.3	4:32	-0.4	7:06	5:27	
31	Fri	10:52	3.1	11:26	3.1	4:53	0.0	5:13	-0.2	7:06	5:28	