

































## Virginia Beach (outer coast), VA - Mar 2070

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	10:18	3.1	10:44	3.3	4:16	0.0	4:28	0.0	6:33	5:58	
2	Sun	10:56	2.9	11:25	3.2	5:00	0.2	5:09	0.2	6:32	5:59	
3	Mon	11:37	2.7			5:45	0.4	5:52	0.3	6:30	6:00	
4	Tue	12:08	3.0	12:22	2.5	6:34	0.5	6:41	0.4	6:29	6:01	
5	Wed	1:01	2.9	1:19	2.4	7:30	0.6	7:36	0.5	6:28	6:02	
6	Thu	2:06	2.9	2:27	2.4	8:30	0.6	8:35	0.5	6:26	6:03	
7	Fri	3:10	3.0	3:29	2.5	9:26	0.5	9:31	0.3	6:25	6:04	
8	Sat	4:04	3.2	4:22	2.8	10:17	0.3	10:25	0.2	6:23	6:05	
9	Sun	5:54	3.4	6:12	3.0			12:07	0.1	7:22	7:05	
10	Mon	6:41	3.5	6:59	3.3	12:18	-0.1	12:53	-0.1	7:21	7:06	
11	Tue	7:26	3.7	7:44	3.7	1:09	-0.3	1:36	-0.4	7:19	7:07	
12	Wed	8:08	3.8	8:27	3.9	1:56	-0.5	2:17	-0.6	7:18	7:08	
13	Thu	8:51	3.9	9:12	4.1	2:41	-0.7	2:59	-0.7	7:16	7:09	
14	Fri	9:35	3.8	9:58	4.2	3:27	-0.7	3:42	-0.7	7:15	7:10	
15	Sat	10:23	3.7	10:48	4.2	4:17	-0.6	4:30	-0.6	7:13	7:11	
16	Sun	11:13	3.6	11:41	4.1	5:12	-0.5	5:22	-0.5	7:12	7:12	
17	Mon			12:06	3.4	6:09	-0.3	6:18	-0.3	7:10	7:13	
18	Tue	12:35	3.9	1:02	3.2	7:10	-0.1	7:18	-0.2	7:09	7:14	
19	Wed	1:37	3.7	2:08	3.0	8:16	0.1	8:25	0.0	7:07	7:15	
20	Thu	2:52	3.6	3:29	3.0	9:27	0.1	9:38	0.0	7:06	7:15	
21	Fri	4:10	3.5	4:41	3.1	10:33	0.1	10:46	0.0	7:04	7:16	
22	Sat	5:14	3.5	5:42	3.3	11:33	0.0	11:50	-0.1	7:03	7:17	
23	Sun	6:12	3.6	6:36	3.5			12:28	-0.1	7:01	7:18	
24	Mon	7:02	3.6	7:23	3.7	12:48	-0.2	1:16	-0.2	7:00	7:19	
25	Tue	7:46	3.6	8:04	3.8	1:38	-0.3	1:55	-0.2	6:58	7:20	
26	Wed	8:24	3.6	8:41	3.9	2:19	-0.3	2:30	-0.2	6:57	7:21	
27	Thu	8:59	3.5	9:17	3.9	2:55	-0.3	3:02	-0.2	6:56	7:22	
28	Fri	9:34	3.4	9:52	3.8	3:30	-0.2	3:34	-0.1	6:54	7:22	
29	Sat	10:10	3.3	10:29	3.7	4:05	0.0	4:09	0.1	6:53	7:23	
30	Sun	10:48	3.1	11:07	3.5	4:44	0.1	4:47	0.3	6:51	7:24	
31	Mon	11:26	3.0	11:46	3.4	5:25	0.3	5:29	0.4	6:50	7:25	