US HARBORS www.USHarbors.com

Virginia Beach (outer coast), VA - Jul 2070

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	1:17	3.3	2:01	3.7	7:43	-0.1	8:28	0.4	5:48	8:27	
2	Wed	2:15	3.2	3:03	3.8	8:38	-0.1	9:32	0.3	5:49	8:27	
3	Thu	3:21	3.1	4:06	4.1	9:35	-0.2	10:35	0.1	5:49	8:26	
4	Fri	4:27	3.2	5:06	4.3	10:34	-0.3	11:38	-0.1	5:50	8:26	
5	Sat	5:30	3.3	6:05	4.5	11:34	-0.4			5:50	8:26	
6	Sun	6:34	3.4	7:04	4.7	12:40	-0.3	12:35	-0.5	5:51	8:26	
7	Mon	7:34	3.6	8:00	4.7	1:38	-0.5	1:34	-0.6	5:51	8:26	
8	Tue	8:30	3.8	8:52	4.7	2:30	-0.6	2:29	-0.6	5:52	8:25	
9	Wed	9:24	3.8	9:43	4.5	3:19	-0.7	3:22	-0.5	5:53	8:25	
10	Thu	10:18	3.9	10:34	4.3	4:09	-0.6	4:18	-0.3	5:53	8:25	
11	Fri	11:12	3.9	11:24	4.0	5:00	-0.5	5:16	0.0	5:54	8:24	
12	Sat			12:03	3.8	5:50	-0.3	6:14	0.2	5:55	8:24	
13	Sun	12:12	3.6	12:54	3.7	6:39	-0.1	7:12	0.4	5:55	8:23	
14	Mon	12:58	3.3	1:46	3.6	7:26	0.1	8:12	0.6	5:56	8:23	
15	Tue	1:49	3.0	2:45	3.5	8:14	0.3	9:14	0.7	5:57	8:23	
16	Wed	2:50	2.8	3:44	3.5	9:03	0.4	10:11	0.7	5:57	8:22	
17	Thu	3:54	2.7	4:35	3.5	9:52	0.5	11:03	0.7	5:58	8:21	
18	Fri	4:49	2.7	5:21	3.6	10:39	0.6	11:53	0.6	5:59	8:21	
19	Sat	5:39	2.7	6:06	3.7	11:26	0.5			5:59	8:20	
20	Sun	6:28	2.8	6:49	3.8	12:39	0.5	12:14	0.5	6:00	8:20	
21	Mon	7:13	3.0	7:29	3.9	1:20	0.4	1:00	0.4	6:01	8:19	
22	Tue	7:53	3.1	8:06	4.0	1:55	0.3	1:42	0.3	6:02	8:18	
23	Wed	8:30	3.2	8:42	4.0	2:27	0.1	2:22	0.3	6:02	8:18	
24	Thu	9:07	3.4	9:19	4.0	3:01	0.0	3:01	0.3	6:03	8:17	
25	Fri	9:46	3.5	9:57	3.9	3:36	0.0	3:42	0.3	6:04	8:16	
26	Sat	10:27	3.6	10:38	3.8	4:14	0.0	4:28	0.3	6:05	8:15	
27	Sun	11:10	3.7	11:21	3.7	4:56	0.0	5:18	0.4	6:06	8:14	
28	Mon	11:55	3.8			5:40	0.0	6:11	0.4	6:06	8:14	
29	Tue	12:06	3.6	12:43	3.9	6:27	0.0	7:07	0.5	6:07	8:13	
30	Wed	12:56	3.4	1:37	4.0	7:18	0.0	8:09	0.5	6:08	8:12	
31	Thu	1:53	3.3	2:40	4.1	8:14	0.0	9:15	0.4	6:09	8:11	