US HARBORS www.USHarbors.com

Virginia Beach (outer coast), VA - Aug 2070

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	3:01	3.2	3:47	4.2	9:15	0.0	10:20	0.3	6:10	8:10	
2	Sat	4:11	3.3	4:51	4.3	10:17	0.0	11:23	0.2	6:10	8:09	
3	Sun	5:18	3.4	5:53	4.5	11:20	-0.1			6:11	8:08	
4	Mon	6:22	3.6	6:52	4.6	12:26	0.0	12:23	-0.2	6:12	8:07	
5	Tue	7:22	3.8	7:47	4.6	1:23	-0.2	1:24	-0.3	6:13	8:06	
6	Wed	8:16	4.0	8:36	4.6	2:13	-0.3	2:18	-0.3	6:14	8:05	
7	Thu	9:06	4.1	9:23	4.5	2:59	-0.4	3:08	-0.2	6:15	8:04	
8	Fri	9:55	4.2	10:09	4.2	3:43	-0.3	3:58	0.0	6:15	8:03	
9	Sat	10:44	4.1	10:55	4.0	4:28	-0.2	4:51	0.2	6:16	8:02	
10	Sun	11:31	4.1	11:39	3.7	5:13	0.0	5:44	0.4	6:17	8:01	
11	Mon			12:16	3.9	5:58	0.2	6:35	0.6	6:18	7:59	
12	Tue	12:22	3.4	1:01	3.8	6:41	0.4	7:27	0.8	6:19	7:58	
13	Wed	1:06	3.1	1:50	3.7	7:26	0.6	8:24	1.0	6:19	7:57	
14	Thu	1:57	2.9	2:49	3.6	8:14	0.8	9:22	1.0	6:20	7:56	
15	Fri	3:02	2.8	3:49	3.6	9:07	0.9	10:16	1.0	6:21	7:55	
16	Sat	4:07	2.8	4:41	3.7	10:00	0.9	11:05	0.9	6:22	7:53	
17	Sun	5:02	2.9	5:29	3.8	10:50	0.8	11:53	0.8	6:23	7:52	
18	Mon	5:51	3.1	6:14	3.9	11:40	0.8			6:24	7:51	
19	Tue	6:38	3.3	6:57	4.0	12:38	0.6	12:30	0.6	6:24	7:50	
20	Wed	7:20	3.5	7:37	4.1	1:17	0.5	1:16	0.5	6:25	7:48	
21	Thu	8:00	3.7	8:15	4.2	1:53	0.3	1:59	0.4	6:26	7:47	
22	Fri	8:38	3.9	8:52	4.2	2:29	0.2	2:40	0.3	6:27	7:46	
23	Sat	9:17	4.1	9:32	4.2	3:05	0.1	3:23	0.3	6:28	7:44	
24	Sun	9:59	4.2	10:15	4.1	3:44	0.0	4:09	0.3	6:28	7:43	
25	Mon	10:45	4.3	11:01	3.9	4:26	0.0	5:00	0.4	6:29	7:42	
26	Tue	11:33	4.4	11:49	3.8	5:13	0.1	5:55	0.5	6:30	7:40	
27	Wed			12:23	4.4	6:04	0.2	6:52	0.5	6:31	7:39	
28	Thu	12:41	3.6	1:18	4.3	6:58	0.3	7:54	0.6	6:32	7:37	
29	Fri	1:39	3.5	2:23	4.3	7:57	0.3	9:02	0.6	6:33	7:36	
30	Sat	2:50	3.4	3:35	4.3	9:03	0.4	10:09	0.6	6:33	7:34	
31	Sun	4:06	3.5	4:42	4.4	10:09	0.4	11:11	0.4	6:34	7:33	