US HARBORS www.USHarbors.com

Virginia Beach (outer coast), VA - Sep 2070

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	5:13	3.7	5:43	4.5	11:14	0.3			6:35	7:32	
2	Tue	6:14	3.9	6:41	4.5	12:11	0.3	12:17	0.2	6:36	7:30	
3	Wed	7:10	4.2	7:32	4.5	1:06	0.1	1:16	0.1	6:37	7:29	
4	Thu	8:00	4.3	8:18	4.5	1:53	0.0	2:07	0.1	6:37	7:27	
5	Fri	8:45	4.5	9:01	4.4	2:34	0.0	2:53	0.1	6:38	7:26	
6	Sat	9:28	4.5	9:42	4.2	3:13	0.0	3:37	0.3	6:39	7:24	
7	Sun	10:11	4.4	10:23	4.0	3:52	0.2	4:22	0.4	6:40	7:23	
8	Mon	10:54	4.3	11:05	3.7	4:32	0.4	5:09	0.7	6:41	7:21	
9	Tue	11:36	4.2	11:47	3.5	5:13	0.6	5:56	0.9	6:41	7:20	
10	Wed			12:17	4.0	5:56	0.8	6:43	1.0	6:42	7:18	
11	Thu	12:29	3.3	1:01	3.8	6:41	1.0	7:33	1.2	6:43	7:17	
12	Fri	1:15	3.2	1:51	3.7	7:29	1.1	8:28	1.2	6:44	7:15	
13	Sat	2:12	3.1	2:53	3.7	8:22	1.2	9:25	1.2	6:45	7:14	
14	Sun	3:21	3.1	3:54	3.7	9:20	1.2	10:17	1.1	6:45	7:12	
15	Mon	4:22	3.2	4:46	3.8	10:15	1.1	11:03	1.0	6:46	7:11	
16	Tue	5:13	3.4	5:33	4.0	11:07	1.0	11:49	0.8	6:47	7:09	
17	Wed	5:59	3.6	6:18	4.1	11:58	0.8			6:48	7:08	
18	Thu	6:44	3.9	7:02	4.2	12:33	0.6	12:49	0.6	6:49	7:06	
19	Fri	7:27	4.2	7:44	4.3	1:15	0.4	1:36	0.4	6:49	7:05	
20	Sat	8:08	4.5	8:26	4.3	1:54	0.2	2:20	0.3	6:50	7:03	
21	Sun	8:50	4.7	9:08	4.3	2:34	0.1	3:04	0.2	6:51	7:02	
22	Mon	9:34	4.8	9:54	4.2	3:15	0.0	3:52	0.2	6:52	7:00	
23	Tue	10:22	4.8	10:43	4.1	4:00	0.1	4:44	0.3	6:53	6:59	
24	Wed	11:13	4.8	11:36	3.9	4:50	0.2	5:41	0.4	6:53	6:57	
25	Thu			12:06	4.7	5:45	0.3	6:40	0.6	6:54	6:56	
26	Fri	12:31	3.8	1:03	4.5	6:43	0.5	7:43	0.7	6:55	6:54	
27	Sat	1:32	3.7	2:09	4.4	7:47	0.6	8:52	0.7	6:56	6:53	
28	Sun	2:47	3.6	3:25	4.3	8:57	0.6	9:58	0.6	6:57	6:51	
29	Mon	4:04	3.8	4:33	4.3	10:06	0.6	10:57	0.5	6:58	6:50	
30	Tue	5:08	4.0	5:32	4.3	11:11	0.6	11:52	0.4	6:58	6:48	