US HARBORS www.USHarbors.com

Virginia Beach (outer coast), VA - Nov 2070

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	**7:21**	4.4	**7:36**	3.7	**1:00**	0.3	**1:43**	0.4	7:28	6:06	
2	Sun	**7:00**	4.5	**7:14**	3.7	**1:39**	0.3	**1:21**	0.4	6:29	5:05	
3	Mon	**7:35**	4.5	**7:49**	3.6	**1:13**	0.3	**1:55**	0.4	6:30	5:04	
4	Tue	**8:10**	4.4	**8:26**	3.5	**1:46**	0.4	**2:29**	0.5	6:31	5:03	
5	Wed	**8:45**	4.3	**9:04**	3.4	**2:20**	0.5	**3:05**	0.5	6:32	5:02	
6	Thu	**9:23**	4.1	**9:45**	3.3	**2:57**	0.7	**3:45**	0.6	6:33	5:01	
7	Fri	**10:03**	4.0	**10:27**	3.2	**3:37**	0.8	**4:29**	0.7	6:34	5:00	
8	Sat	**10:44**	3.8	**11:10**	3.1	**4:23**	0.9	**5:13**	0.8	6:35	4:59	
9	Sun	**11:26**	3.7	**11:56**	3.1	**5:11**	1.0	**5:59**	0.8	6:36	4:59	
10	Mon			**12:12**	3.6	**6:03**	1.1	**6:47**	0.8	6:37	4:58	
11	Tue	**12:48**	3.1	**1:05**	3.5	**6:59**	1.1	**7:38**	0.7	6:38	4:57	
12	Wed	**1:49**	3.3	**2:05**	3.5	**8:00**	1.0	**8:29**	0.6	6:39	4:56	
13	Thu	**2:49**	3.5	**3:04**	3.5	**9:00**	0.8	**9:19**	0.4	6:40	4:55	
14	Fri	**3:42**	3.8	**3:58**	3.6	**9:56**	0.6	**10:08**	0.2	6:41	4:55	
15	Sat	**4:33**	4.2	**4:51**	3.7	**10:52**	0.3	**10:59**	-0.1	6:42	4:54	
16	Sun	**5:24**	4.5	**5:44**	3.8	**11:48**	0.0	**11:50**	-0.3	6:43	4:53	
17	Mon	**6:15**	4.8	**6:37**	3.9			**12:41**	-0.2	6:44	4:53	
18	Tue	**7:05**	5.0	**7:28**	3.9	**12:41**	-0.4	**1:31**	-0.4	6:45	4:52	
19	Wed	**7:54**	5.1	**8:20**	3.9	**1:30**	-0.5	**2:21**	-0.4	6:46	4:51	
20	Thu	**8:46**	5.0	**9:15**	3.9	**2:20**	-0.5	**3:15**	-0.3	6:47	4:51	
21	Fri	**9:41**	4.8	**10:13**	3.8	**3:15**	-0.3	**4:13**	-0.2	6:48	4:50	
22	Sat	**10:37**	4.5	**11:12**	3.7	**4:15**	-0.1	**5:12**	-0.1	6:49	4:50	
23	Sun	**11:34**	4.2			**5:19**	0.1	**6:12**	0.0	6:50	4:50	
24	Mon	**12:14**	3.6	**12:33**	3.9	**6:26**	0.3	**7:13**	0.1	6:51	4:49	
25	Tue	**1:25**	3.6	**1:43**	3.6	**7:38**	0.5	**8:14**	0.2	6:52	4:49	
26	Wed	**2:38**	3.7	**2:53**	3.4	**8:49**	0.5	**9:09**	0.2	6:53	4:48	
27	Thu	**3:38**	3.8	**3:51**	3.3	**9:52**	0.5	**9:58**	0.2	6:54	4:48	
28	Fri	**4:30**	3.9	**4:42**	3.2	**10:49**	0.4	**10:45**	0.2	6:55	4:48	
29	Sat	**5:16**	4.0	**5:30**	3.2	**11:42**	0.4	**11:30**	0.2	6:56	4:48	
30	Sun	**5:59**	4.0	**6:13**	3.2			**12:27**	0.3	6:57	4:47	