US HARBORS www.USHarbors.com

Virginia Beach (outer coast), VA - Jan 2071

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	**7:25**	3.7	**7:41**	2.9	**12:59**	-0.1	**1:45**	-0.1	7:16	4:58	
2	Fri	**7:58**	3.7	**8:16**	2.9	**1:33**	-0.1	**2:16**	-0.1	7:16	4:59	
3	Sat	**8:33**	3.6	**8:53**	2.9	**2:08**	-0.1	**2:50**	-0.1	7:16	5:00	
4	Sun	**9:09**	3.5	**9:32**	2.9	**2:46**	0.0	**3:27**	-0.1	7:16	5:00	
5	Mon	**9:46**	3.4	**10:13**	2.9	**3:27**	0.1	**4:07**	-0.1	7:16	5:01	
6	Tue	**10:26**	3.3	**10:55**	2.9	**4:13**	0.2	**4:49**	-0.1	7:16	5:02	
7	Wed	**11:07**	3.2	**11:40**	3.0	**5:03**	0.2	**5:32**	-0.1	7:16	5:03	
8	Thu	**11:52**	3.0			**5:55**	0.3	**6:20**	-0.2	7:16	5:04	
9	Fri	**12:31**	3.1	**12:45**	2.9	**6:54**	0.3	**7:12**	-0.2	7:16	5:05	
10	Sat	**1:31**	3.3	**1:48**	2.8	**7:58**	0.2	**8:10**	-0.3	7:16	5:06	
11	Sun	**2:37**	3.5	**2:56**	2.8	**9:03**	0.0	**9:09**	-0.5	7:16	5:07	
12	Mon	**3:40**	3.7	**4:00**	2.9	**10:06**	-0.2	**10:08**	-0.6	7:16	5:08	
13	Tue	**4:40**	4.0	**5:02**	3.1	**11:09**	-0.4	**11:08**	-0.8	7:15	5:09	
14	Wed	**5:39**	4.3	**6:04**	3.3			**12:10**	-0.7	7:15	5:10	
15	Thu	**6:36**	4.4	**7:00**	3.5	**12:08**	-1.0	**1:03**	-0.9	7:15	5:11	
16	Fri	**7:28**	4.5	**7:53**	3.6	**1:03**	-1.1	**1:53**	-1.0	7:15	5:12	
17	Sat	**8:19**	4.4	**8:46**	3.6	**1:56**	-1.1	**2:42**	-1.0	7:14	5:13	
18	Sun	**9:09**	4.2	**9:40**	3.6	**2:49**	-0.9	**3:33**	-0.9	7:14	5:14	
19	Mon	**10:00**	3.9	**10:34**	3.5	**3:44**	-0.7	**4:24**	-0.8	7:13	5:15	
20	Tue	**10:49**	3.6	**11:26**	3.4	**4:43**	-0.4	**5:15**	-0.6	7:13	5:16	
21	Wed	**11:38**	3.2			**5:41**	-0.2	**6:06**	-0.4	7:12	5:17	
22	Thu	**12:20**	3.3	**12:28**	2.9	**6:41**	0.1	**6:58**	-0.2	7:12	5:18	
23	Fri	**1:21**	3.1	**1:28**	2.6	**7:47**	0.3	**7:53**	0.0	7:11	5:19	
24	Sat	**2:28**	3.1	**2:37**	2.4	**8:52**	0.4	**8:47**	0.1	7:11	5:20	
25	Sun	**3:28**	3.1	**3:38**	2.4	**9:49**	0.4	**9:38**	0.1	7:10	5:21	
26	Mon	**4:18**	3.1	**4:30**	2.4	**10:43**	0.3	**10:26**	0.1	7:09	5:22	
27	Tue	**5:05**	3.2	**5:19**	2.5	**11:33**	0.2	**11:14**	0.0	7:09	5:23	
28	Wed	**5:48**	3.3	**6:03**	2.6			**12:14**	0.1	7:08	5:24	
29	Thu	**6:27**	3.4	**6:42**	2.7			**12:48**	-0.1	7:07	5:25	
30	Fri	**7:02**	3.5	**7:18**	2.9	**12:37**	-0.2	**1:19**	-0.2	7:07	5:27	
31	Sat	**7:36**	3.6	**7:52**	2.9	**1:13**	-0.2	**1:50**	-0.3	7:06	5:28	