


































Virginia Beach (outer coast), VA - Jan 2072

| Date | | High | | | | Low | | | |  | |  |
|------|-----|-------|-----|-------|-----|-------|------|-------|------|---|------|---|
| | | AM | ft | PM | ft | AM | ft | PM | ft | Rise | Set | Moon |
| 1 | Fri | 3:18 | 3.4 | 3:32 | 2.8 | 9:39 | 0.2 | 9:40 | -0.2 | 7:16 | 4:58 |  |
| 2 | Sat | 4:11 | 3.7 | 4:29 | 2.9 | 10:36 | 0.0 | 10:34 | -0.4 | 7:16 | 4:58 |  |
| 3 | Sun | 5:05 | 4.0 | 5:26 | 3.0 | 11:34 | -0.3 | 11:30 | -0.6 | 7:16 | 4:59 |  |
| 4 | Mon | 5:59 | 4.2 | 6:21 | 3.2 | | | 12:28 | -0.6 | 7:16 | 5:00 |  |
| 5 | Tue | 6:51 | 4.4 | 7:14 | 3.4 | 12:24 | -0.8 | 1:18 | -0.8 | 7:16 | 5:01 |  |
| 6 | Wed | 7:41 | 4.5 | 8:06 | 3.5 | 1:16 | -1.0 | 2:07 | -0.9 | 7:16 | 5:02 |  |
| 7 | Thu | 8:31 | 4.5 | 9:00 | 3.6 | 2:08 | -1.0 | 2:57 | -0.9 | 7:16 | 5:03 |  |
| 8 | Fri | 9:24 | 4.3 | 9:56 | 3.6 | 3:02 | -0.9 | 3:50 | -0.9 | 7:16 | 5:04 |  |
| 9 | Sat | 10:17 | 4.1 | 10:53 | 3.6 | 4:00 | -0.7 | 4:45 | -0.8 | 7:16 | 5:05 |  |
| 10 | Sun | 11:10 | 3.7 | 11:50 | 3.5 | 5:02 | -0.5 | 5:40 | -0.6 | 7:16 | 5:06 |  |
| 11 | Mon | | | 12:04 | 3.4 | 6:05 | -0.2 | 6:35 | -0.5 | 7:16 | 5:06 |  |
| 12 | Tue | 12:52 | 3.4 | 1:05 | 3.0 | 7:13 | 0.0 | 7:34 | -0.4 | 7:16 | 5:07 |  |
| 13 | Wed | 2:03 | 3.4 | 2:17 | 2.8 | 8:25 | 0.1 | 8:33 | -0.3 | 7:16 | 5:08 |  |
| 14 | Thu | 3:11 | 3.4 | 3:24 | 2.7 | 9:31 | 0.1 | 9:29 | -0.2 | 7:15 | 5:09 |  |
| 15 | Fri | 4:08 | 3.4 | 4:22 | 2.6 | 10:32 | 0.1 | 10:23 | -0.1 | 7:15 | 5:10 |  |
| 16 | Sat | 5:00 | 3.5 | 5:15 | 2.6 | 11:28 | 0.1 | 11:15 | -0.1 | 7:15 | 5:11 |  |
| 17 | Sun | 5:47 | 3.5 | 6:03 | 2.7 | | | 12:17 | 0.0 | 7:14 | 5:12 |  |
| 18 | Mon | 6:29 | 3.6 | 6:44 | 2.8 | 12:02 | -0.2 | 12:56 | -0.1 | 7:14 | 5:13 |  |
| 19 | Tue | 7:06 | 3.6 | 7:21 | 2.8 | 12:42 | -0.2 | 1:28 | -0.2 | 7:13 | 5:15 |  |
| 20 | Wed | 7:39 | 3.6 | 7:56 | 2.9 | 1:17 | -0.2 | 1:58 | -0.2 | 7:13 | 5:16 |  |
| 21 | Thu | 8:13 | 3.5 | 8:31 | 2.9 | 1:50 | -0.2 | 2:28 | -0.2 | 7:13 | 5:17 |  |
| 22 | Fri | 8:46 | 3.5 | 9:08 | 2.9 | 2:25 | -0.1 | 3:01 | -0.2 | 7:12 | 5:18 |  |
| 23 | Sat | 9:22 | 3.3 | 9:45 | 2.9 | 3:02 | 0.0 | 3:37 | -0.2 | 7:11 | 5:19 |  |
| 24 | Sun | 9:58 | 3.2 | 10:24 | 2.9 | 3:43 | 0.1 | 4:15 | -0.1 | 7:11 | 5:20 |  |
| 25 | Mon | 10:36 | 3.1 | 11:04 | 2.9 | 4:27 | 0.2 | 4:55 | -0.1 | 7:10 | 5:21 |  |
| 26 | Tue | 11:15 | 2.9 | 11:46 | 2.9 | 5:14 | 0.3 | 5:36 | -0.1 | 7:10 | 5:22 |  |
| 27 | Wed | 11:58 | 2.8 | | | 6:05 | 0.3 | 6:22 | -0.1 | 7:09 | 5:23 |  |
| 28 | Thu | 12:35 | 3.0 | 12:50 | 2.6 | 7:01 | 0.3 | 7:14 | -0.1 | 7:08 | 5:24 |  |
| 29 | Fri | 1:34 | 3.1 | 1:52 | 2.6 | 8:04 | 0.3 | 8:11 | -0.2 | 7:08 | 5:25 |  |
| 30 | Sat | 2:39 | 3.3 | 2:59 | 2.6 | 9:07 | 0.1 | 9:10 | -0.3 | 7:07 | 5:26 |  |
| 31 | Sun | 3:41 | 3.6 | 4:02 | 2.8 | 10:08 | -0.1 | 10:09 | -0.5 | 7:06 | 5:27 |  |