

































Virginia Beach (outer coast), VA - Jan 2024

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	10:12	3.7	10:43	3.0	3:53	-0.2	4:42	-0.2	7:16	4:58	
2	Tue	10:57	3.4	11:30	2.9	4:46	0.1	5:27	-0.1	7:16	4:59	
3	Wed	11:39	3.1			5:39	0.3	6:12	0.0	7:16	5:00	
4	Thu	12:19	2.8	12:24	2.9	6:33	0.5	6:56	0.1	7:16	5:01	
5	Fri	1:15	2.8	1:17	2.6	7:33	0.6	7:43	0.2	7:16	5:01	
6	Sat	2:18	2.8	2:19	2.5	8:34	0.6	8:29	0.2	7:16	5:02	
7	Sun	3:12	3.0	3:17	2.4	9:29	0.6	9:15	0.2	7:16	5:03	
8	Mon	3:59	3.1	4:08	2.4	10:20	0.4	10:00	0.1	7:16	5:04	
9	Tue	4:43	3.3	4:56	2.5	11:10	0.3	10:46	0.0	7:16	5:05	
10	Wed	5:26	3.4	5:43	2.6	11:57	0.1	11:33	-0.1	7:16	5:06	
11	Thu	6:08	3.6	6:27	2.7			12:37	-0.1	7:16	5:07	
12	Fri	6:48	3.8	7:08	2.8	12:18	-0.3	1:15	-0.2	7:16	5:08	
13	Sat	7:27	3.9	7:48	2.9	1:01	-0.4	1:52	-0.4	7:15	5:09	
14	Sun	8:07	3.9	8:30	3.0	1:43	-0.5	2:31	-0.4	7:15	5:10	
15	Mon	8:49	3.9	9:16	3.1	2:26	-0.5	3:13	-0.5	7:15	5:11	
16	Tue	9:33	3.8	10:04	3.2	3:14	-0.4	3:59	-0.5	7:14	5:12	
17	Wed	10:20	3.7	10:54	3.3	4:07	-0.3	4:47	-0.5	7:14	5:13	
18	Thu	11:08	3.5	11:47	3.3	5:04	-0.2	5:37	-0.5	7:14	5:14	
19	Fri	11:59	3.2			6:03	-0.1	6:29	-0.5	7:13	5:15	
20	Sat	12:45	3.4	12:58	3.0	7:08	0.0	7:27	-0.4	7:13	5:16	
21	Sun	1:53	3.5	2:08	2.8	8:18	0.0	8:28	-0.4	7:12	5:17	
22	Mon	3:03	3.6	3:19	2.8	9:26	-0.1	9:28	-0.5	7:12	5:18	
23	Tue	4:07	3.8	4:24	2.8	10:32	-0.2	10:29	-0.5	7:11	5:19	
24	Wed	5:06	3.9	5:27	2.9	11:36	-0.3	11:30	-0.6	7:11	5:20	
25	Thu	6:03	4.0	6:23	3.0			12:32	-0.5	7:10	5:21	
26	Fri	6:53	4.1	7:13	3.1	12:26	-0.7	1:19	-0.6	7:09	5:23	
27	Sat	7:38	4.0	7:58	3.2	1:15	-0.7	2:01	-0.6	7:09	5:24	
28	Sun	8:21	3.9	8:42	3.2	1:59	-0.6	2:41	-0.6	7:08	5:25	
29	Mon	9:02	3.7	9:26	3.1	2:42	-0.5	3:21	-0.5	7:07	5:26	
30	Tue	9:43	3.5	10:09	3.1	3:27	-0.3	4:01	-0.3	7:06	5:27	
31	Wed	10:22	3.3	10:50	3.0	4:13	0.0	4:41	-0.2	7:06	5:28	