

Virginia Beach (outer coast), VA - Mar 2076

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	3:47	3.7	4:10	2.9	10:15	-0.1	10:17	-0.4	6:32	5:58	
2	Mon	4:51	3.9	5:15	3.2	11:18	-0.3	11:23	-0.6	6:31	5:59	
3	Tue	5:52	4.1	6:14	3.5			12:15	-0.5	6:30	6:00	
4	Wed	6:46	4.3	7:08	3.7	12:23	-0.8	1:05	-0.7	6:28	6:01	
5	Thu	7:35	4.3	7:57	3.9	1:17	-0.9	1:50	-0.8	6:27	6:02	
6	Fri	8:22	4.1	8:45	4.0	2:08	-0.9	2:33	-0.8	6:25	6:03	
7	Sat	9:09	3.9	9:33	4.0	2:58	-0.7	3:18	-0.7	6:24	6:04	
8	Sun	10:56	3.6	11:21	3.9	4:51	-0.5	5:04	-0.5	7:23	7:05	
9	Mon	11:42	3.3			5:45	-0.2	5:50	-0.2	7:21	7:06	
10	Tue	12:08	3.7	12:27	3.0	6:38	0.1	6:37	0.1	7:20	7:07	
11	Wed	12:55	3.4	1:15	2.7	7:34	0.3	7:27	0.3	7:18	7:08	
12	Thu	1:49	3.2	2:14	2.5	8:37	0.5	8:24	0.5	7:17	7:09	
13	Fri	2:58	3.0	3:30	2.4	9:42	0.6	9:26	0.6	7:15	7:10	
14	Sat	4:09	3.0	4:36	2.5	10:41	0.6	10:25	0.6	7:14	7:11	
15	Sun	5:06	3.0	5:29	2.6	11:33	0.6	11:19	0.5	7:12	7:11	
16	Mon	5:55	3.1	6:16	2.8			12:21	0.5	7:11	7:12	
17	Tue	6:39	3.3	6:58	3.0	12:10	0.3	1:01	0.3	7:09	7:13	
18	Wed	7:18	3.4	7:36	3.2	12:56	0.2	1:34	0.2	7:08	7:14	
19	Thu	7:53	3.5	8:10	3.4	1:35	0.0	2:03	0.0	7:07	7:15	
20	Fri	8:26	3.5	8:44	3.5	2:12	-0.1	2:33	-0.1	7:05	7:16	
21	Sat	8:59	3.5	9:18	3.7	2:49	-0.2	3:05	-0.1	7:04	7:17	
22	Sun	9:34	3.4	9:55	3.8	3:27	-0.2	3:39	-0.1	7:02	7:18	
23	Mon	10:12	3.3	10:36	3.8	4:08	-0.1	4:17	-0.1	7:01	7:19	
24	Tue	10:54	3.2	11:20	3.8	4:55	-0.1	5:00	0.0	6:59	7:19	
25	Wed	11:39	3.1			5:45	0.0	5:48	0.0	6:58	7:20	
26	Thu	12:08	3.8	12:28	2.9	6:39	0.1	6:42	0.1	6:56	7:21	
27	Fri	1:01	3.7	1:24	2.8	7:38	0.2	7:42	0.2	6:55	7:22	
28	Sat	2:05	3.6	2:34	2.8	8:45	0.3	8:52	0.2	6:53	7:23	
29	Sun	3:21	3.6	3:53	2.9	9:53	0.2	10:03	0.1	6:52	7:24	
30	Mon	4:33	3.7	5:03	3.2	10:57	0.1	11:11	-0.1	6:50	7:25	
31	Tue	5:37	3.9	6:05	3.5	11:57	-0.1			6:49	7:26	