

## Virginia Beach (outer coast), VA - Jan 2090

| Date |     | High  |     |       |     | Low   |      |       |      |  |      |  |
|------|-----|-------|-----|-------|-----|-------|------|-------|------|-------------------------------------------------------------------------------------|------|-------------------------------------------------------------------------------------|
|      |     | AM    | ft  | PM    | ft  | AM    | ft   | PM    | ft   | Rise                                                                                | Set  | Moon                                                                                |
| 1    | Sun | 7:50  | 3.8 | 8:08  | 3.0 | 1:27  | -0.2 | 2:12  | -0.2 | 7:16                                                                                | 4:58 | ☀                                                                                   |
| 2    | Mon | 8:25  | 3.7 | 8:46  | 2.9 | 2:02  | -0.2 | 2:45  | -0.2 | 7:16                                                                                | 4:59 | ☀                                                                                   |
| 3    | Tue | 9:01  | 3.6 | 9:25  | 2.9 | 2:38  | 0.0  | 3:21  | -0.1 | 7:16                                                                                | 5:00 | ☀                                                                                   |
| 4    | Wed | 9:38  | 3.4 | 10:05 | 2.8 | 3:18  | 0.1  | 3:59  | -0.1 | 7:16                                                                                | 5:01 | ☀                                                                                   |
| 5    | Thu | 10:16 | 3.3 | 10:45 | 2.8 | 4:01  | 0.2  | 4:38  | 0.0  | 7:16                                                                                | 5:02 | ☀                                                                                   |
| 6    | Fri | 10:55 | 3.1 | 11:26 | 2.8 | 4:46  | 0.4  | 5:18  | 0.1  | 7:16                                                                                | 5:02 | ☀                                                                                   |
| 7    | Sat | 11:34 | 2.9 |       |     | 5:34  | 0.5  | 6:00  | 0.1  | 7:16                                                                                | 5:03 | ☀                                                                                   |
| 8    | Sun | 12:10 | 2.8 | 12:18 | 2.7 | 6:25  | 0.5  | 6:45  | 0.1  | 7:16                                                                                | 5:04 | ☀                                                                                   |
| 9    | Mon | 1:00  | 2.9 | 1:11  | 2.6 | 7:22  | 0.5  | 7:35  | 0.1  | 7:16                                                                                | 5:05 | ☀                                                                                   |
| 10   | Tue | 1:59  | 3.0 | 2:12  | 2.5 | 8:22  | 0.4  | 8:28  | 0.0  | 7:16                                                                                | 5:06 | ☀                                                                                   |
| 11   | Wed | 2:58  | 3.2 | 3:13  | 2.6 | 9:21  | 0.3  | 9:21  | -0.2 | 7:16                                                                                | 5:07 | ☀                                                                                   |
| 12   | Thu | 3:54  | 3.5 | 4:11  | 2.7 | 10:19 | 0.1  | 10:16 | -0.4 | 7:16                                                                                | 5:08 | ☀                                                                                   |
| 13   | Fri | 4:48  | 3.8 | 5:08  | 2.9 | 11:16 | -0.2 | 11:12 | -0.6 | 7:15                                                                                | 5:09 | ☀                                                                                   |
| 14   | Sat | 5:42  | 4.0 | 6:05  | 3.1 |       |      | 12:11 | -0.5 | 7:15                                                                                | 5:10 | ☀                                                                                   |
| 15   | Sun | 6:34  | 4.3 | 6:58  | 3.3 | 12:08 | -0.8 | 1:02  | -0.8 | 7:15                                                                                | 5:11 | ☀                                                                                   |
| 16   | Mon | 7:25  | 4.4 | 7:49  | 3.5 | 1:01  | -1.0 | 1:49  | -0.9 | 7:14                                                                                | 5:12 | ☀                                                                                   |
| 17   | Tue | 8:14  | 4.4 | 8:41  | 3.6 | 1:52  | -1.0 | 2:37  | -1.0 | 7:14                                                                                | 5:13 | ☀                                                                                   |
| 18   | Wed | 9:05  | 4.3 | 9:36  | 3.7 | 2:44  | -1.0 | 3:28  | -1.0 | 7:14                                                                                | 5:14 | ☀                                                                                   |
| 19   | Thu | 9:57  | 4.0 | 10:31 | 3.7 | 3:41  | -0.8 | 4:21  | -0.9 | 7:13                                                                                | 5:15 | ☀                                                                                   |
| 20   | Fri | 10:49 | 3.7 | 11:27 | 3.6 | 4:41  | -0.6 | 5:15  | -0.8 | 7:13                                                                                | 5:16 | ☀                                                                                   |
| 21   | Sat | 11:42 | 3.4 |       |     | 5:43  | -0.4 | 6:10  | -0.6 | 7:12                                                                                | 5:17 | ☀                                                                                   |
| 22   | Sun | 12:26 | 3.5 | 12:39 | 3.0 | 6:48  | -0.2 | 7:07  | -0.4 | 7:12                                                                                | 5:18 | ☀                                                                                   |
| 23   | Mon | 1:34  | 3.4 | 1:48  | 2.8 | 7:59  | 0.0  | 8:09  | -0.3 | 7:11                                                                                | 5:19 | ☀                                                                                   |
| 24   | Tue | 2:46  | 3.4 | 3:02  | 2.6 | 9:09  | 0.1  | 9:09  | -0.2 | 7:10                                                                                | 5:20 | ☀                                                                                   |
| 25   | Wed | 3:48  | 3.4 | 4:05  | 2.6 | 10:12 | 0.1  | 10:06 | -0.2 | 7:10                                                                                | 5:22 | ☀                                                                                   |
| 26   | Thu | 4:43  | 3.4 | 5:01  | 2.6 | 11:11 | 0.1  | 11:01 | -0.2 | 7:09                                                                                | 5:23 | ☀                                                                                   |
| 27   | Fri | 5:34  | 3.5 | 5:51  | 2.7 |       |      | 12:02 | 0.0  | 7:09                                                                                | 5:24 | ☀                                                                                   |
| 28   | Sat | 6:18  | 3.5 | 6:34  | 2.8 |       |      | 12:44 | -0.1 | 7:08                                                                                | 5:25 | ☀                                                                                   |
| 29   | Sun | 6:56  | 3.5 | 7:12  | 2.9 | 12:34 | -0.2 | 1:18  | -0.2 | 7:07                                                                                | 5:26 | ☀                                                                                   |
| 30   | Mon | 7:30  | 3.5 | 7:47  | 2.9 | 1:10  | -0.3 | 1:48  | -0.3 | 7:06                                                                                | 5:27 | ☀                                                                                   |
| 31   | Tue | 8:03  | 3.5 | 8:21  | 3.0 | 1:43  | -0.2 | 2:17  | -0.3 | 7:05                                                                                | 5:28 | ☀                                                                                   |