

## Virginia Beach (outer coast), VA - Jul 2090

| Date |     | High  |     |       |     | Low   |      |       |      |  |      |    |
|------|-----|-------|-----|-------|-----|-------|------|-------|------|-------------------------------------------------------------------------------------|------|---------------------------------------------------------------------------------------|
|      |     | AM    | ft  | PM    | ft  | AM    | ft   | PM    | ft   | Rise                                                                                | Set  | Moon                                                                                  |
| 1    | Sat | 11:22 | 3.7 | 11:36 | 4.1 | 5:12  | -0.5 | 5:26  | -0.1 | 5:48                                                                                | 8:27 |    |
| 2    | Sun |       |     | 12:16 | 3.8 | 6:05  | -0.4 | 6:27  | 0.0  | 5:49                                                                                | 8:27 |    |
| 3    | Mon | 12:28 | 3.8 | 1:13  | 3.8 | 6:58  | -0.4 | 7:31  | 0.1  | 5:49                                                                                | 8:26 |    |
| 4    | Tue | 1:24  | 3.6 | 2:16  | 3.9 | 7:53  | -0.3 | 8:39  | 0.2  | 5:50                                                                                | 8:26 |    |
| 5    | Wed | 2:28  | 3.3 | 3:24  | 3.9 | 8:51  | -0.2 | 9:48  | 0.2  | 5:51                                                                                | 8:26 |    |
| 6    | Thu | 3:39  | 3.1 | 4:27  | 4.0 | 9:49  | -0.1 | 10:52 | 0.2  | 5:51                                                                                | 8:26 |    |
| 7    | Fri | 4:45  | 3.1 | 5:24  | 4.1 | 10:46 | 0.0  | 11:54 | 0.1  | 5:52                                                                                | 8:26 |    |
| 8    | Sat | 5:45  | 3.1 | 6:18  | 4.2 | 11:42 | 0.0  |       |      | 5:52                                                                                | 8:25 |    |
| 9    | Sun | 6:43  | 3.1 | 7:08  | 4.2 | 12:52 | 0.1  | 12:38 | 0.0  | 5:53                                                                                | 8:25 |    |
| 10   | Mon | 7:34  | 3.2 | 7:53  | 4.2 | 1:41  | 0.0  | 1:29  | 0.0  | 5:53                                                                                | 8:25 |    |
| 11   | Tue | 8:18  | 3.3 | 8:34  | 4.1 | 2:23  | -0.1 | 2:13  | 0.1  | 5:54                                                                                | 8:24 |    |
| 12   | Wed | 8:59  | 3.3 | 9:12  | 4.0 | 3:00  | -0.1 | 2:53  | 0.1  | 5:55                                                                                | 8:24 |    |
| 13   | Thu | 9:39  | 3.3 | 9:49  | 3.9 | 3:34  | 0.0  | 3:31  | 0.3  | 5:55                                                                                | 8:23 |   |
| 14   | Fri | 10:20 | 3.3 | 10:27 | 3.7 | 4:10  | 0.0  | 4:12  | 0.4  | 5:56                                                                                | 8:23 |  |
| 15   | Sat | 11:00 | 3.3 | 11:05 | 3.6 | 4:47  | 0.1  | 4:55  | 0.5  | 5:57                                                                                | 8:22 |  |
| 16   | Sun | 11:39 | 3.3 | 11:44 | 3.4 | 5:25  | 0.2  | 5:41  | 0.7  | 5:57                                                                                | 8:22 |  |
| 17   | Mon |       |     | 12:18 | 3.3 | 6:04  | 0.3  | 6:27  | 0.8  | 5:58                                                                                | 8:21 |  |
| 18   | Tue | 12:23 | 3.2 | 12:59 | 3.3 | 6:43  | 0.4  | 7:15  | 0.8  | 5:59                                                                                | 8:21 |  |
| 19   | Wed | 1:04  | 3.0 | 1:44  | 3.3 | 7:25  | 0.4  | 8:08  | 0.9  | 6:00                                                                                | 8:20 |  |
| 20   | Thu | 1:52  | 2.9 | 2:37  | 3.4 | 8:11  | 0.5  | 9:05  | 0.8  | 6:00                                                                                | 8:20 |  |
| 21   | Fri | 2:50  | 2.8 | 3:34  | 3.6 | 9:02  | 0.4  | 10:01 | 0.7  | 6:01                                                                                | 8:19 |  |
| 22   | Sat | 3:51  | 2.8 | 4:28  | 3.8 | 9:55  | 0.4  | 10:56 | 0.5  | 6:02                                                                                | 8:18 |  |
| 23   | Sun | 4:48  | 2.9 | 5:20  | 4.0 | 10:48 | 0.2  | 11:51 | 0.3  | 6:03                                                                                | 8:17 |  |
| 24   | Mon | 5:44  | 3.1 | 6:13  | 4.2 | 11:43 | 0.1  |       |      | 6:03                                                                                | 8:17 |  |
| 25   | Tue | 6:41  | 3.3 | 7:06  | 4.5 | 12:46 | 0.1  | 12:40 | -0.1 | 6:04                                                                                | 8:16 |  |
| 26   | Wed | 7:35  | 3.6 | 7:57  | 4.6 | 1:37  | -0.2 | 1:35  | -0.3 | 6:05                                                                                | 8:15 |  |
| 27   | Thu | 8:26  | 3.8 | 8:46  | 4.7 | 2:24  | -0.4 | 2:27  | -0.4 | 6:06                                                                                | 8:14 |  |
| 28   | Fri | 9:17  | 4.0 | 9:36  | 4.6 | 3:10  | -0.5 | 3:19  | -0.4 | 6:07                                                                                | 8:14 |  |
| 29   | Sat | 10:10 | 4.1 | 10:27 | 4.5 | 3:59  | -0.6 | 4:14  | -0.3 | 6:07                                                                                | 8:13 |  |
| 30   | Sun | 11:05 | 4.2 | 11:20 | 4.2 | 4:50  | -0.5 | 5:13  | -0.2 | 6:08                                                                                | 8:12 |  |
| 31   | Mon | 11:59 | 4.3 |       |     | 5:43  | -0.4 | 6:15  | 0.0  | 6:09                                                                                | 8:11 |  |