

Virginia Beach (outer coast), VA - Mar 2091

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	3:32	3.3	3:56	2.8	9:57	0.2	10:00	-0.1	6:33	5:58	
2	Fri	4:29	3.6	4:54	3.0	10:54	-0.1	10:59	-0.4	6:32	5:59	
3	Sat	5:25	3.8	5:49	3.4	11:48	-0.3	11:56	-0.6	6:30	6:00	
4	Sun	6:17	4.1	6:41	3.7			12:37	-0.6	6:29	6:01	
5	Mon	7:07	4.2	7:31	4.0	12:50	-0.9	1:23	-0.8	6:28	6:02	
6	Tue	7:55	4.2	8:20	4.2	1:40	-1.0	2:09	-0.9	6:26	6:03	
7	Wed	8:43	4.1	9:11	4.2	2:31	-1.0	2:56	-0.9	6:25	6:03	
8	Thu	9:34	3.9	10:04	4.2	3:25	-0.9	3:46	-0.8	6:23	6:04	
9	Fri	10:26	3.7	10:58	4.1	4:23	-0.6	4:40	-0.6	6:22	6:05	
10	Sat	11:19	3.4	11:53	3.9	5:22	-0.4	5:36	-0.4	6:21	6:06	
11	Sun			1:15	3.1	7:24	-0.1	7:35	-0.2	7:19	7:07	
12	Mon	1:57	3.6	2:25	2.9	8:33	0.1	8:43	0.0	7:18	7:08	
13	Tue	3:14	3.5	3:46	2.8	9:44	0.2	9:53	0.1	7:16	7:09	
14	Wed	4:26	3.4	4:54	2.9	10:48	0.2	10:58	0.1	7:15	7:10	
15	Thu	5:26	3.4	5:50	3.0	11:46	0.2	11:58	0.1	7:13	7:11	
16	Fri	6:19	3.4	6:40	3.1			12:38	0.2	7:12	7:12	
17	Sat	7:04	3.5	7:23	3.3	12:51	0.0	1:21	0.1	7:10	7:13	
18	Sun	7:43	3.5	7:59	3.4	1:34	0.0	1:55	0.0	7:09	7:14	
19	Mon	8:17	3.5	8:32	3.5	2:10	-0.1	2:24	-0.1	7:07	7:14	
20	Tue	8:49	3.5	9:04	3.5	2:41	-0.1	2:52	-0.1	7:06	7:15	
21	Wed	9:21	3.4	9:36	3.6	3:13	-0.1	3:21	0.0	7:05	7:16	
22	Thu	9:55	3.3	10:10	3.5	3:46	0.0	3:53	0.0	7:03	7:17	
23	Fri	10:30	3.2	10:46	3.5	4:23	0.1	4:29	0.1	7:02	7:18	
24	Sat	11:08	3.0	11:25	3.4	5:03	0.2	5:08	0.3	7:00	7:19	
25	Sun	11:47	2.9			5:47	0.3	5:51	0.3	6:59	7:20	
26	Mon	12:05	3.4	12:28	2.8	6:33	0.4	6:38	0.4	6:57	7:21	
27	Tue	12:50	3.3	1:16	2.7	7:24	0.5	7:30	0.4	6:56	7:22	
28	Wed	1:43	3.3	2:15	2.7	8:21	0.5	8:30	0.4	6:54	7:22	
29	Thu	2:48	3.3	3:23	2.9	9:23	0.4	9:34	0.3	6:53	7:23	
30	Fri	3:56	3.5	4:28	3.1	10:22	0.2	10:36	0.0	6:51	7:24	
31	Sat	4:57	3.6	5:27	3.5	11:19	0.0	11:38	-0.2	6:50	7:25	