

## Virginia Beach (outer coast), VA - Oct 2008

| Date |     | High  |     |       |     | Low   |      |       |     |  |      |    |
|------|-----|-------|-----|-------|-----|-------|------|-------|-----|-------------------------------------------------------------------------------------|------|---------------------------------------------------------------------------------------|
|      |     | AM    | ft  | PM    | ft  | AM    | ft   | PM    | ft  | Rise                                                                                | Set  | Moon                                                                                  |
| 1    | Wed | 12:48 | 3.2 | 1:21  | 4.0 | 6:55  | 1.1  | 8:12  | 1.2 | 6:59                                                                                | 6:46 |    |
| 2    | Thu | 1:47  | 3.1 | 2:25  | 3.8 | 7:55  | 1.2  | 9:18  | 1.3 | 7:00                                                                                | 6:45 |    |
| 3    | Fri | 3:07  | 3.0 | 3:37  | 3.7 | 9:02  | 1.3  | 10:14 | 1.2 | 7:01                                                                                | 6:43 |    |
| 4    | Sat | 4:18  | 3.1 | 4:35  | 3.7 | 10:05 | 1.3  | 11:01 | 1.2 | 7:02                                                                                | 6:42 |    |
| 5    | Sun | 5:09  | 3.3 | 5:21  | 3.8 | 10:58 | 1.3  | 11:42 | 1.1 | 7:03                                                                                | 6:40 |    |
| 6    | Mon | 5:53  | 3.5 | 6:03  | 3.8 | 11:48 | 1.1  |       |     | 7:04                                                                                | 6:39 |    |
| 7    | Tue | 6:33  | 3.7 | 6:42  | 3.9 | 12:19 | 0.9  | 12:34 | 1.0 | 7:05                                                                                | 6:37 |    |
| 8    | Wed | 7:09  | 3.9 | 7:19  | 3.9 | 12:53 | 0.8  | 1:16  | 0.9 | 7:05                                                                                | 6:36 |    |
| 9    | Thu | 7:43  | 4.2 | 7:54  | 3.9 | 1:25  | 0.6  | 1:54  | 0.7 | 7:06                                                                                | 6:35 |    |
| 10   | Fri | 8:16  | 4.3 | 8:29  | 3.8 | 1:56  | 0.5  | 2:30  | 0.6 | 7:07                                                                                | 6:33 |    |
| 11   | Sat | 8:49  | 4.5 | 9:04  | 3.7 | 2:28  | 0.5  | 3:07  | 0.6 | 7:08                                                                                | 6:32 |    |
| 12   | Sun | 9:25  | 4.6 | 9:43  | 3.6 | 3:01  | 0.5  | 3:47  | 0.6 | 7:09                                                                                | 6:30 |   |
| 13   | Mon | 10:05 | 4.6 | 10:25 | 3.5 | 3:39  | 0.5  | 4:32  | 0.7 | 7:10                                                                                | 6:29 |  |
| 14   | Tue | 10:50 | 4.5 | 11:12 | 3.4 | 4:21  | 0.6  | 5:23  | 0.8 | 7:11                                                                                | 6:28 |  |
| 15   | Wed | 11:39 | 4.4 |       |     | 5:11  | 0.7  | 6:18  | 0.9 | 7:12                                                                                | 6:26 |  |
| 16   | Thu | 12:04 | 3.3 | 12:33 | 4.3 | 6:08  | 0.8  | 7:18  | 0.9 | 7:13                                                                                | 6:25 |  |
| 17   | Fri | 1:01  | 3.2 | 1:33  | 4.2 | 7:10  | 0.9  | 8:23  | 0.9 | 7:13                                                                                | 6:24 |  |
| 18   | Sat | 2:10  | 3.3 | 2:45  | 4.2 | 8:20  | 0.9  | 9:29  | 0.8 | 7:14                                                                                | 6:22 |  |
| 19   | Sun | 3:31  | 3.5 | 3:57  | 4.2 | 9:33  | 0.8  | 10:27 | 0.6 | 7:15                                                                                | 6:21 |  |
| 20   | Mon | 4:39  | 3.8 | 5:00  | 4.2 | 10:41 | 0.6  | 11:21 | 0.4 | 7:16                                                                                | 6:20 |  |
| 21   | Tue | 5:38  | 4.2 | 5:56  | 4.2 | 11:46 | 0.4  |       |     | 7:17                                                                                | 6:19 |  |
| 22   | Wed | 6:32  | 4.5 | 6:50  | 4.2 | 12:13 | 0.2  | 12:47 | 0.2 | 7:18                                                                                | 6:17 |  |
| 23   | Thu | 7:22  | 4.8 | 7:40  | 4.2 | 1:01  | 0.0  | 1:42  | 0.1 | 7:19                                                                                | 6:16 |  |
| 24   | Fri | 8:08  | 5.0 | 8:26  | 4.0 | 1:46  | -0.1 | 2:31  | 0.0 | 7:20                                                                                | 6:15 |  |
| 25   | Sat | 8:52  | 5.0 | 9:10  | 3.9 | 2:27  | 0.0  | 3:17  | 0.1 | 7:21                                                                                | 6:14 |  |
| 26   | Sun | 9:36  | 4.9 | 9:55  | 3.7 | 3:08  | 0.1  | 4:03  | 0.3 | 7:22                                                                                | 6:12 |  |
| 27   | Mon | 10:21 | 4.7 | 10:43 | 3.5 | 3:50  | 0.3  | 4:52  | 0.5 | 7:23                                                                                | 6:11 |  |
| 28   | Tue | 11:07 | 4.4 | 11:31 | 3.3 | 4:36  | 0.6  | 5:43  | 0.7 | 7:24                                                                                | 6:10 |  |
| 29   | Wed | 11:54 | 4.1 |       |     | 5:27  | 0.9  | 6:35  | 0.9 | 7:25                                                                                | 6:09 |  |
| 30   | Thu | 12:19 | 3.1 | 12:42 | 3.8 | 6:20  | 1.1  | 7:29  | 1.0 | 7:26                                                                                | 6:08 |  |
| 31   | Fri | 1:11  | 3.0 | 1:34  | 3.6 | 7:16  | 1.2  | 8:26  | 1.1 | 7:27                                                                                | 6:07 |  |