

Virginia Beach (outer coast), VA - Oct 2009

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	9:25	4.3	9:39	3.6	3:02	0.6	3:40	0.8	6:59	6:47	
2	Fri	9:59	4.3	10:15	3.5	3:33	0.7	4:18	0.9	7:00	6:45	
3	Sat	10:36	4.2	10:55	3.3	4:08	0.8	5:01	1.0	7:01	6:44	
4	Sun	11:17	4.2	11:37	3.2	4:48	0.9	5:49	1.1	7:02	6:42	
5	Mon			12:01	4.1	5:34	1.0	6:40	1.2	7:03	6:41	
6	Tue	12:23	3.1	12:51	4.1	6:26	1.1	7:36	1.2	7:03	6:39	
7	Wed	1:17	3.1	1:49	4.0	7:26	1.1	8:39	1.1	7:04	6:38	
8	Thu	2:25	3.1	2:59	4.1	8:33	1.0	9:41	0.9	7:05	6:36	
9	Fri	3:40	3.4	4:07	4.2	9:42	0.9	10:37	0.7	7:06	6:35	
10	Sat	4:45	3.7	5:06	4.3	10:47	0.6	11:30	0.4	7:07	6:34	
11	Sun	5:42	4.2	6:02	4.4	11:50	0.4			7:08	6:32	
12	Mon	6:37	4.6	6:56	4.5	12:21	0.1	12:51	0.1	7:09	6:31	
13	Tue	7:29	5.0	7:48	4.4	1:10	-0.1	1:47	-0.1	7:10	6:29	
14	Wed	8:18	5.2	8:37	4.3	1:57	-0.2	2:39	-0.1	7:10	6:28	
15	Thu	9:06	5.3	9:26	4.1	2:42	-0.2	3:30	-0.1	7:11	6:27	
16	Fri	9:56	5.2	10:18	3.9	3:27	-0.1	4:24	0.1	7:12	6:25	
17	Sat	10:48	5.0	11:12	3.7	4:17	0.2	5:22	0.4	7:13	6:24	
18	Sun	11:42	4.7			5:12	0.4	6:21	0.6	7:14	6:23	
19	Mon	12:07	3.4	12:38	4.3	6:11	0.7	7:23	0.8	7:15	6:21	
20	Tue	1:05	3.3	1:38	4.0	7:14	1.0	8:29	1.0	7:16	6:20	
21	Wed	2:18	3.2	2:51	3.8	8:25	1.1	9:32	1.0	7:17	6:19	
22	Thu	3:39	3.2	3:58	3.7	9:37	1.2	10:24	1.0	7:18	6:18	
23	Fri	4:39	3.4	4:50	3.6	10:37	1.2	11:07	0.9	7:19	6:16	
24	Sat	5:26	3.5	5:34	3.6	11:30	1.1	11:45	0.8	7:20	6:15	
25	Sun	6:07	3.7	6:14	3.6			12:18	1.0	7:21	6:14	
26	Mon	6:44	3.9	6:52	3.6	12:20	0.7	1:01	0.9	7:22	6:13	
27	Tue	7:17	4.1	7:28	3.6	12:52	0.6	1:38	0.8	7:23	6:12	
28	Wed	7:49	4.3	8:03	3.5	1:24	0.6	2:11	0.7	7:24	6:10	
29	Thu	8:21	4.3	8:37	3.5	1:56	0.5	2:44	0.6	7:25	6:09	
30	Fri	8:54	4.4	9:12	3.4	2:28	0.5	3:18	0.6	7:26	6:08	
31	Sat	9:29	4.3	9:50	3.3	3:02	0.6	3:56	0.7	7:27	6:07	