

## Virginia Beach (outer coast), VA - Aug 2100

| Date |     | High  |     |       |     | Low   |      |       |     |  |      |    |
|------|-----|-------|-----|-------|-----|-------|------|-------|-----|-------------------------------------------------------------------------------------|------|---------------------------------------------------------------------------------------|
|      |     | AM    | ft  | PM    | ft  | AM    | ft   | PM    | ft  | Rise                                                                                | Set  | Moon                                                                                  |
| 1    | Sun | 4:32  | 2.5 | 5:02  | 3.7 | 10:16 | 0.8  | 11:42 | 0.8 | 6:09                                                                                | 8:10 |    |
| 2    | Mon | 5:27  | 2.6 | 5:53  | 3.8 | 11:09 | 0.7  |       |     | 6:10                                                                                | 8:09 |    |
| 3    | Tue | 6:19  | 2.8 | 6:42  | 4.0 | 12:34 | 0.6  | 12:04 | 0.5 | 6:11                                                                                | 8:08 |    |
| 4    | Wed | 7:09  | 3.0 | 7:27  | 4.2 | 1:19  | 0.4  | 12:57 | 0.4 | 6:12                                                                                | 8:07 |    |
| 5    | Thu | 7:54  | 3.3 | 8:10  | 4.3 | 1:58  | 0.2  | 1:46  | 0.2 | 6:13                                                                                | 8:06 |    |
| 6    | Fri | 8:37  | 3.5 | 8:52  | 4.3 | 2:36  | 0.0  | 2:33  | 0.1 | 6:14                                                                                | 8:05 |    |
| 7    | Sat | 9:21  | 3.8 | 9:34  | 4.3 | 3:14  | -0.1 | 3:20  | 0.0 | 6:14                                                                                | 8:04 |    |
| 8    | Sun | 10:08 | 4.0 | 10:19 | 4.1 | 3:54  | -0.2 | 4:11  | 0.1 | 6:15                                                                                | 8:03 |    |
| 9    | Mon | 10:56 | 4.2 | 11:06 | 3.9 | 4:37  | -0.2 | 5:06  | 0.2 | 6:16                                                                                | 8:02 |    |
| 10   | Tue | 11:46 | 4.3 | 11:55 | 3.7 | 5:24  | -0.1 | 6:04  | 0.3 | 6:17                                                                                | 8:01 |    |
| 11   | Wed |       |     | 12:37 | 4.3 | 6:13  | 0.0  | 7:04  | 0.4 | 6:18                                                                                | 8:00 |    |
| 12   | Thu | 12:46 | 3.4 | 1:32  | 4.3 | 7:04  | 0.1  | 8:09  | 0.5 | 6:18                                                                                | 7:59 |   |
| 13   | Fri | 1:44  | 3.1 | 2:39  | 4.2 | 8:02  | 0.2  | 9:20  | 0.6 | 6:19                                                                                | 7:57 |  |
| 14   | Sat | 2:57  | 3.0 | 3:52  | 4.2 | 9:07  | 0.4  | 10:28 | 0.6 | 6:20                                                                                | 7:56 |  |
| 15   | Sun | 4:15  | 3.0 | 4:58  | 4.2 | 10:13 | 0.4  | 11:33 | 0.6 | 6:21                                                                                | 7:55 |  |
| 16   | Mon | 5:24  | 3.1 | 5:59  | 4.3 | 11:19 | 0.4  |       |     | 6:22                                                                                | 7:54 |  |
| 17   | Tue | 6:26  | 3.3 | 6:55  | 4.3 | 12:34 | 0.5  | 12:23 | 0.4 | 6:23                                                                                | 7:52 |  |
| 18   | Wed | 7:21  | 3.5 | 7:43  | 4.3 | 1:26  | 0.3  | 1:21  | 0.3 | 6:23                                                                                | 7:51 |  |
| 19   | Thu | 8:08  | 3.7 | 8:25  | 4.3 | 2:08  | 0.2  | 2:10  | 0.3 | 6:24                                                                                | 7:50 |  |
| 20   | Fri | 8:50  | 3.8 | 9:02  | 4.1 | 2:44  | 0.2  | 2:52  | 0.3 | 6:25                                                                                | 7:49 |  |
| 21   | Sat | 9:29  | 3.9 | 9:39  | 4.0 | 3:18  | 0.2  | 3:32  | 0.4 | 6:26                                                                                | 7:47 |  |
| 22   | Sun | 10:07 | 3.9 | 10:15 | 3.8 | 3:50  | 0.2  | 4:13  | 0.6 | 6:27                                                                                | 7:46 |  |
| 23   | Mon | 10:45 | 3.9 | 10:52 | 3.6 | 4:23  | 0.4  | 4:56  | 0.8 | 6:28                                                                                | 7:45 |  |
| 24   | Tue | 11:23 | 3.9 | 11:30 | 3.3 | 4:58  | 0.5  | 5:40  | 0.9 | 6:28                                                                                | 7:43 |  |
| 25   | Wed |       |     | 12:00 | 3.8 | 5:35  | 0.7  | 6:24  | 1.0 | 6:29                                                                                | 7:42 |  |
| 26   | Thu | 12:09 | 3.1 | 12:39 | 3.7 | 6:15  | 0.8  | 7:12  | 1.1 | 6:30                                                                                | 7:41 |  |
| 27   | Fri | 12:51 | 2.9 | 1:23  | 3.7 | 6:57  | 1.0  | 8:06  | 1.2 | 6:31                                                                                | 7:39 |  |
| 28   | Sat | 1:40  | 2.8 | 2:18  | 3.6 | 7:46  | 1.1  | 9:06  | 1.3 | 6:32                                                                                | 7:38 |  |
| 29   | Sun | 2:43  | 2.7 | 3:24  | 3.7 | 8:43  | 1.1  | 10:06 | 1.2 | 6:32                                                                                | 7:36 |  |
| 30   | Mon | 3:52  | 2.8 | 4:25  | 3.8 | 9:43  | 1.0  | 11:00 | 1.0 | 6:33                                                                                | 7:35 |  |
| 31   | Tue | 4:52  | 2.9 | 5:18  | 4.0 | 10:40 | 0.9  | 11:51 | 0.8 | 6:34                                                                                | 7:33 |  |